



Newsletter

Fall 2018

LAVERNE AND SHIRLEY



Every afternoon at 3:30 Residents make their way to the garden at Sun Pointe Village to spend time with Laverne and Shirley - two red hens with attitude. These cherished pets are part of the Hen Therapy Program that was initiated at Village at Mill Creek. The program provides many benefits: it improves wellbeing, reduces depression and promotes outdoor activities. It also provides our Team with professional development opportunities and new skill sets. Laverne and Shirley are a welcome addition to the Team, they provide comfort, engagement and living care for our Residents, not to mention comic relief!

"The Team finds that Residents and our Sun Pointe Village community come alive with Laverne and Shirley. Many Residents have enjoyed holding and interacting with them while others just enjoy watching the hen antics. This has encouraged more time spent out in the gardens with many Residents enjoying ladder ball and other outdoors sports."

- Rachel Lewis | Sun Pointe Village Administrator

CHRISTMAS SPIRIT ARRIVES EARLY IN KELOWNA



Baptist Housing is pleased to announce that its three Campuses of Care in Kelowna joined together, Residents, Families and Team Members to raise funds for the Central Okanagan Community Food Bank during the summertime when their donations are at their lowest.

"Christmas in July at Baptist Housing is a reminder to our community that the spirit of giving should be year round...helping our neighbours in not just a seasonal undertaking, giving is an everyday opportunity for those who are able to help. This is a timely donation for us, as donations slow during the summer months. We wish to thank everyone who made this donation possible."

- Lenetta Parry | Food Bank

"Our Residents and Teams are very community oriented and were excited about the opportunity to provide support to those in need in Kelowna and West Kelowna." - Elizabeth Harris | Senior Clinical Director with Baptist Housing.

LIFETIME VOLUNTEER NOMINEES

Our Activities Team nominated three Baptist Housing Volunteers for 'Lifetime Volunteer of the Year' in Vancouver. The nominees were honoured at 'Our Lifetime event' at Van Dusen Gardens for their volunteering and we would like to take a moment to celebrate them and the many other volunteers that give so generously to our Communities.



Helena Woo is an **advocate of** Senior's health and wellness at Grandview Towers community. She has facilitated a **fitness** program for our Residents 4-5 times a week for 10 years, **totalling over 2000 volunteer hours!**



Linda Lowe has volunteered with Shannon Oaks since June 2016 and assists with our Arts & Crafts program. She is also one of the **first to respond** when we need help at our special events. She begins with setup **and is the last one to leave** after cleanup.



Irene Fung's kind heart and gentle manner bring such joy to our Residents at Clarendon Court during our Arts & Crafts program. **She humbly serves** in our community **with such grace, kindness and generosity.**

PHOTOBOOTH



FASHION CLOSET

Our lovely Residents enjoying a kickoff to fall with a shopping spree held at Hallmark in Abbotsford.

FREE AUDIOBOOK FROM THE HEIGHTS

The Pride of Lady Liuwa was authored by our Residents at The Heights and facilitated by their Recreation Assistant Margaret. One of our Residents was moved by a National Geographic story about a lioness named Lady located in the Liuwa in Zambia, Africa and they created a book based on these events. This is a very special edition because the authors have made it available as an audiobook which can be listened to online for free here. Please send any questions about this creative project to:

mclinchy@baptisthousing.org.