



# Newsletter

Spring 2018



## PINK IT FORWARD DAY



Our Teams fundraised for the Coast Capital anti-bullying campaign by wearing pink. On Pink it Forward day \$1 dollar was donated for each photo we posted on social media!

## THE LINZER TORTE CHALLENGE



Our Team loves challenges, especially when it involves food. A few days ago Kurt came to visit his wife Verena at one of our communities in Kelowna. He had saved the last of her baking in his freezer and he had decided to share it with her that day. The Team quickly learned of the visit and they challenged Deb to bake a fresh sample. Kurt replied that it was impossible but he would get the recipe.

Later on Kurt brought Verena's treasured German cookbook to the Team. One of our Independent Residents helped Deb translate it and then Verena and Deb went off to bake. Kurt watched them cook saying "there is no way," but then he tasted the dough and he commented "it may be possible." The challenge ended with a big smile and a very proud Team. We expect many more delicious challenges coming their way!

## HAPPY EASTER

*'Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!'*  
2 Cor 5:17

On behalf of our Board of Directors and Baptist Housing Family I wish you a very Happy Easter!

Howard Johnson | CEO

## BADGE OF COURAGE

I see these hands now gnarled with years of labour  
That built a home to shelter family there;  
Built towns and villages in distant places,  
Fashioned a Country - none better anywhere.

These hands have gently rocked a baby  
Or managed companies in the world of trade,  
Tilled the soil, raised crops to feed a nation,  
Followed professions caring, unafraid.

And now comes time to bear a different burden:  
Old age, diminished strength, thoughts less clear.  
Once more we ready for the challenge.  
We'll see it through with fortitude and cheer.

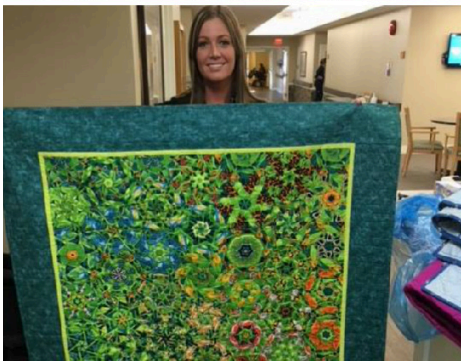
For those who dance with joints and tendons hurting,  
For those who walk with steps unsure, less quick,  
For those who sing, though age has dulled the beauty,  
For those who laugh when memory plays its tricks.

For soldering on, at times so much alone,  
A Badge of Merit, for the Courage Shown.

Elsbeth Fitzmaurice | Hallmark Poet



## GENEROSITY IN ACTION DANCING DRAGONS



It was a special day at Village at Mill Creek! Joanne Gaudet of the Orchard Valley Quilting Guild delivered 17 stunning quilts for our Residents to enjoy. Thank you Orchard Valley Quilting Guild, we are so grateful!



Grandview Towers celebrated Chinese New Year in style. Thank you to all our volunteers and Residents for contributing your talents!

## WORKSHOPS

Alzheimer Cafes take the form of 'a social gathering' in a cafe-like setting where people meet easily. They help support people with dementia and their family, friends or caregivers. Alzheimer Cafes are organized and held by a steering committee who are knowledgeable about dementia, and organize the provision of the Alzheimer Cafe with local volunteers and caregiving professionals.

From April 3-17, 2018, CAREY, a ministry of the Canadian Baptists of Western Canada, welcomes Dr. Gemma Jones for a multi-day, multi-site, series of workshops, seminars, and information sessions on Alzheimer's disease and dementia care with the goal of establishing Alzheimer Cafes in Greater Vancouver and beyond. For more information or to register, contact us CAREY at:

**E-mail:** [communications@carey-edu.ca](mailto:communications@carey-edu.ca)

**Telephone:** 604.225.5920

**Address:** 5920 Iona Drive, Vancouver.

## HAPPY ANNIVERSARY!



Residents celebrated Shannon Oaks' 11th Anniversary in Oak Bay with a lovely buffet and a night filled with music. A very Happy Anniversary!

## TWINS



Do you have a twin out there somewhere? We think that these two gentlemen do. Funday Friday at Sun Pointe Village! #stanfordandwaldorf