



Newsletter

Winter 2018

Merry Christmas and Happy New Year!



In lieu of cards Baptist Housing has made a donation to the Greater Vancouver Food Bank.

As you celebrate this season, may your home be filled with love, peace and joy. May these blessings follow you throughout the New Year!

CAN YOU SPOT THE CHRISTMAS SPIRIT?



Yvonne and Boing practicing for the Christmas concert. So lovely to see her giving voice lessons and Boing sharing his passion for singing.
#Wellness101



Our Annual 2018 Christmas Galas held at Hallmark for all of our Residents were a huge success. As for the dessert ... it really speaks for itself!



Do you hear what I hear?
Shannon Oaks Residents entertained by the choir from Oak Bay High!



BIG THANK YOU TO OUR VOLUNTEERS



Our volunteers from our Christmas Open House event at Shannon Oaks. We could not have done it without them!

KEEP ON KEEPING ON

John and Dolores are assisted living Residents at Hallmark on the Park in Abbotsford. They also participated in Hallmark's service trip to Guatemala in November visiting the English House, where Guatemalan teenagers learn English and life skills. The goal is to open up life-changing opportunities for young people and their families. Hallmark has supported the program for a number of years, and several Residents have been able to make the trip to Guatemala.

Dolores was glad to share her own story with the students. She had many obstacles to overcome in her life, growing up on the Downtown Eastside in Vancouver and experiencing many personal troubles in her family. This resonated with the English House students because their stories are similar. One might think there is no way to overcome these negative experiences, setbacks, and obstacles.

Dolores shared with the kids that when she would face tough times, she would write a song. Then she proceeded to teach the song to the students. What an amazing connection. A Canadian senior finds that her personal struggles in life relate to teenagers who grow up in Mayan villages in the hills of Guatemala. It turns out her song is good encouragement for us too. Everyone needs to Keep On Keeping On when the struggles of life rise up. Thank you Dolores for inspiring us, and a generation of overcomers in Guatemala!



Keep on Keeping On by Dolores Matties

*You've got to keep on keeping on
You've got to keep on keeping on
You've got to have faith in God
And keep on keeping on*

*When troubles come my way
I will rise up and I will say
My faith's in God
I'll carry on
And he'll guide me all the way*



TAKE YOUR CHILD TO WORK DAY

Take your child to work day was a huge success. It created a vibrant buzz in our Kelowna communities!



100 CANDLES

Florence, 100, blows out the candles on her birthday cake recently at Village at Smith Creek. She makes her own breakfast and does daily exercises. She attributes her longevity to "hard work."



SWEET SUN POINTE

Christmas baking started early at Sun Pointe Village and everyone was involved. Recipes were shared and results are always delicious!