



Newsletter

Winter 2016

HAPPY NEW YEAR

Wishing all of our Team, Residents, Family and Partners a very Happy New Year.

As we look to the days ahead we are excited about the many opportunities our Residents will have to experience life well while living in a Baptist Housing community. Our Team Members have been busy planning activities, social gatherings, community outings, classes, exercise groups and casual conversations - all with the shared desire to serve and care for each Resident. We love receiving suggestions on new ideas and welcome invitations from friends and community partners.

(I) Residents at The Heights at Mt. View host their very own Nativity Pageant. •



Chaplain Gwen and Santa (aka Chaplain Peter) at The Heights at Mt. View •

OUR COMMUNITY - THANK YOU

Many of the highlights in this newsletter are about community. We share examples of how Baptist Housing is involved in our community. From donated items to events, the past few months have had countless examples where the actions of our Team and Residents have blessed those in our greater community.

But perhaps the greatest examples of community occur when there are no cakes to cut or pictures to take. These are the moments when our Residents come together in community to support and care for one another. A Resident spends a little bit longer lingering over lunch to listening to her tablemate share special memories. A neighbour prepares a meal for a friend suffering from health challenges. A game of pool brings men together for an evening of laughter. The ping pong ball flies through the air as group of Residents embrace a new found sport. A welcome hug is offered to a great grandchild coming for a special visit to grandma's house.

These moments are special. They are as unique as the people who so willingly share themselves with others. We often say that a Baptist Housing residence is different. When you walk through the door of one of our communities you can feel it. It isn't our decor, what we serve for lunch or what the afternoon activity offers. Its our people. Our Residents

So to our our Residents thank you. For sharing yourselves with each other and making your community that you live in so truly remarkable. Not one of the stories shared in this newsletter would be possible without you.

HELPING OUR NEIGHBOURS



Residents from The Heights at Mt. View collected several boxes of non-perishable food items. The donated food was given to Victoria Cool Aid Society.

The Cool Aid Society assists in helping those who are homeless and has a residence for seniors called Olympic Vista right next door to The Heights. It's great to be part of a community of care where neighbours can help each other in such a meaningful way. ●



Village at Mill Creek knitting club members spent two months knitting toques for those challenged by homelessness.

Encouraged by spirit of the knitting group other Residents and Team Members joined in to provide additional items to complement the toques. The resulting Christmas care packages included new socks, mittens, soap, tooth brushes, tooth paste, t-shirts, chocolates and sports sacs. 58 care packages, were delivered to grateful recipients right next door served by Inn from the Cold. ●



Dorothy, along with other Residents from Shannon Oaks Oak Bay lent their gift wrapping skills towards Home Instead Senior Care's annual gift giving program. Each year the senior care organization partners with local businesses and stores to purchase gifts for seniors in the community who might otherwise not receive a Christmas present. All of the items are then carefully wrapped during an afternoon wrapping party hosted by Shannon Oaks. ●



Just over a year ago, our Residents moved from Central Care Home and Mt. Edwards Court Care Home to their new home, The Heights at Mt. View. While several items were moved to the new residence, there were still a number of items that were no longer needed.

Partnering with Victoria's Compassionate Resource Warehouse, the extra pieces of furniture and equipment were bundled up and sent overseas. Global Neighbours Canada facilitated the donation and everything safely made it to Thailand. It is a small world indeed. ●

VOLUNTEERING WITH BAPTIST HOUSING

Being a part of our community is important to Baptist Housing. We are pleased to share that we now have volunteer coordinators working in each of our three regions; Vancouver, Victoria and Kelowna.

If you are interested in volunteering at one of our residences or have a community initiative that you think our Residents and Team Members may be interested in participating in, please let us know by email at inquiry@baptisthousing.org ●

FROM OUR WEBSITE



We are always wanting to share news, information and resources that we believe will be helpful and informative. On our website we have a section dedicated to resources. There you will find pages that cover topics ranging from tips on how to plan for a tour of a retirement living community to preparing for a move. You will also find additional family resources on advanced care planning and dementia support for family members.

Be sure to also check out our social media posts for the latest news and happenings in and around Baptist Housing.

If there is something that you would like to know more about or have questions that you need help finding answers for, please let us know. You likely aren't alone in your search for information. We will happily help you and where possible, share the information on our website to assist others with similar questions. Send your questions to:
inquiry@baptisthousing.org

We are on social media - quick links are available from our website at www.baptisthousing.org



HAPPY BIRTHDAY



100 is looking great for these two lovely ladies!

(l-r) Margaret from Shannon Oaks Oak Bay enjoyed a special afternoon of cake, music and friends to celebrate her 100th birthday. Alberte from Village at Mill Creek had an equally festive birthday with friends and family blowing out candles to mark her special 100th birthday milestone. Happy Birthday ladies!



Here's your chance to stay current with all of the happenings at Baptist Housing and win an iPad.

Simply like our facebook page or follow us on twitter and you will be entered for a chance to win an iPadAir.

3 iPad Airs will be given away. Last day to like & follow Baptist Housing will be February 26th at midnight.

But don't wait - there are lots of great things happening at Baptist Housing that you aren't going to want to miss. ●

HAPPENINGS AROUND B.C.



KELOWNA Premier Christy Clark stopped by Village at Smith Creek. Visiting with Bob and other Residents, the Premier, Residents and Team Members enjoyed the opportunity to wish each other a very Merry Christmas.

VANCOUVER Shannon Oaks hosted a number of friends and family from the community for their annual Christmas Open House. The afternoon was complete with Christmas carols, goodies, crafts and even a visit from Santa Claus himself.

VICTORIA Team Members were busy organizing a number of celebratory Christmas dinners at our residences. Not to be outdone, Residents at The Heights at Mt. View got in on the action by performing in their very own Nativity pageant.



HAPPY ONE YEAR!

The Heights at Mt. View, our stunning 260-bed care residence in Saanich was opened last fall, which means it has been one year. The year involved a lot of adjustment but our Team Members worked hard for a great transition for our beloved Residents. Here's to many more years of exceptional care for seniors in BC!

In other news at The Heights, the residence received a Special Recognition Award from The American Institute of Architects' Design for Aging Review. The award was presented to Dayle Krahn, VP Property & Development, Baptist Housing, Patrick Cotter, Partner ZGF Cotter Architects and Howard Johnson, CEO Baptist Housing during the annual Leading Age convention held in Boston, November 2015. •

WE ARE GREEN

It isn't always easy being green but it is well worth it.

Baptist Housing is continually exploring new ways to be more environmentally responsible and efficient. In the past few years we have implemented multiple changes to our operations to reduce energy consumption.

In 2015 we are pleased to report that our Annual Emission Report states we saved a total of 12,000 tons of CO₂ from being released in the atmosphere. Reduced consumption results in less pollution which is great for Baptist Housing and our environment. We are happy to be green! •



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