







October 2019

PLEASE NOTE
This calendar is subject to
change without notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Office: 595-6257</i> <i>Activities: 519-4437</i> <i>Hairdresser: 519-4438</i> <i>Chaplain: 519-4436</i> <i>Bus: 893-0048</i> <i>Foot Care 250-415-9517</i> <i>Or 250-858-7729</i>		1 9:45 Chair Yoga 10:45 Exploring the Bible 1:30 <i>Tillicum Mall & London Drugs</i> 2:30 Walker Sanitation 7:00 Victoria Disability Resource Presentation	2 8:00 Purdy's Chocolate Order Forms Available 10:00 Sit and Get Fit 2:30 Birthday Tea with Music & Vocals by Robert K 6:30 Cribbage Games 7:00 Music on Screen /Bryan	3 9:15 Walk to Oak Bay High Tour de Rock Event 10:00 Gentle Fitness 10:30 Gym Assistance 10:45 Penny 4Your Thoughts 2:00 Sing with Joyce Penner 6:15 Mahjong Training 6:30 Wizard Card Games	4 Blue Jean Friday 10:00 Fitness with Alexis 10:45 Crafting for Missions 1:00 Guatemala Experience 2:30 <i>Trip to Mattick's Farm</i> 2:30 Quiddler Games 6:45 Progressive Bridge & Meet Mel Zimmerman	5 10:00 Video Fitness 10:00 Knit-Wits 3:30 Communion Service 6:45 Card Games 7:00 Movie Night: "Life is Beautiful"
6 Citizenship Week 6:30 Wizard Card Games 7:00 Scrabble	7 10:00 Stretch & Strength 10:45 Prayer Gathering 11:15 Mental Aerobics 1:30 Set out Fall Decor 2:00 Care RX Presentation "Influenza" 6:30 *Bingo Night	8 9:45 Chair Yoga 10:45 Exploring the Bible 1:30 <i>Oak Bay Village & Library</i> Octoberfest Dinner 7:00 Evening Music by The Accordion Club/Ron Sera	9 10:00 Sit and Get Fit 10:00 Scooter Clinic 1:30 Walk Along Turkey Head Trail @Marina 6:30 Cribbage Games 7:00 Music on Screen/Bryan	10 10:00 Gentle Fitness 10:30 Gym Assistance 10:45 Penny 4Your Thoughts 2:00 Sing with Joyce Penner 6:15 Mahjong Training 6:30 Wizard Card Games 7:00 Concerts in Care Bruce/Joey/Tom	11 Blue Jean Friday 10:00 Fitness with Alexis 10:45 Crafting for Missions 1:20 <i>Palm Court Light Orchestra</i> 2:30 Quiddler Games 6:45 Progressive Bridge	12 10:00 Video Fitness 10:00 Knit-Wits 6:45 Card Games 7:00 Movie Night "Rain Man"
13 2:30 Susan Wang Plays the Guzheng 6:30 Wizard Card Games 7:00 Scrabble	14  7:00 Bob & Friends in Concert	15 Annual Fire Testing 9:45 Chair Yoga 10:45 Exploring the Bible 1:30 Fall Shopping @Hillside Mall 2:30 Walker Sanitization 7:00 Life Story/Netflix	16 Annual Fire Testing 10:00 Sit and Get Fit 1:30 <i>Leisurely Fall Country Drive</i> 6:30 Cribbage Games 7:00 Music on Screen/Bryan 7:00 Story Telling with Lee	17 Annual Fire Testing 10:00 Video Fitness 10:30 Gym Assistance 1:00 Transit Bus Training 2:00 Sing with Joyce Penner 6:15 Mahjong Training 6:30 Wizard Card Games	18 Annual Fire Testing Blue Jean Friday 10:00 Fitness with Alexis 10:45 Crafting for Missions 2:30 Tuck Shop Tour With Cindy 2:30 Quiddler Games 6:45 Progressive Bridge	19 10:00 Video Fitness 10:00 Knit-Wits 6:45 Card Games 7:00 Movie Night "Terms of Endearment"
20 6:30 Wizard Card Games 7:00 Scrabble	21 Election Day 9-5 10:00 Stretch &Strength 10:45 Prayer Gathering 11:15 Mental Aerobics 2:00 Water Color Classes 5:00 GTO Event Red Robin 6:30 *Bingo Night 7:00 Visit Prague w/ Bryan	22 9:45 Chair Yoga 10:45 Exploring the Bible 1:30 Trip to Uptown Mall 2:30 Reel Group Meets 7:00 New Entertainers "Full Circle"	23 10:00 Sit & Get Fit 1:30 Shopping to Fill Shoe Boxes 3:30 Floor Fitness Trial 6:30 Cribbage Games 7:00 Music on Screen/Bryan	24 10:00 Gentle Fitness 10:30 Gym Assistance 10:45 Penny 4Your Thoughts 12:30 Student Nurses On Site 2:00 Sing with Joyce Penner 6:15 Mahjong Training 6:30 Wizard Card Games	25 Blue Jean Friday 10:00 Fitness with Alexis 10:45 Crafting for Mission 11:30 Ladies Lunch Outing 2:30 Quiddler Games 2:35 Adventure Lecturer "Santorini, Greece" 6:45 Progressive Bridge	26  10:00 Video Fitness 10:00 Knit-Wits 6:45 Card Games 6:45 Movie Night "The Eye of the Needle"
27 6:30 Wizard Card Games 7:00 Evening Chapel Service 7:00 Scrabble	28 10:00 Strength & Stretch 10:45 Prayer Gathering 11:15 Mental Aerobics 1:30 Calendar Review 2:00 Water Color Classes 3:15 Darlaine's Sing A Long 6:30 *Bingo Night	29 Pumpkins on Display 9:45 Chair Yoga 10:45 Exploring the Bible 1:30 Oak Bay Village & Library 2:00 Free Hearing Clinic 2:30 Walker Sanitation 7:00 Life Story/Netflix	30 Pumpkins on Display 10:00 Sit and Get Fit 1:00 Goldstream Park Nature's Salmon Habitat 2:00 Blood Pressure Clinic 3:30 Build Shoe Boxes 6:30 Cribbage Games 7:00 Music on Screen/Bryan	31 10:00 Gentle Fitness 10:45 Penny 4Your Thoughts 12:30 Student Nurses On Site 2:00 Resident Info Hour 2:00 Lost and Found Display 6:15 Mahjong Training 6:30 Wizard Card Games	Note:  Events with an * asterisk are a special invitations to us. Held @Marrion Village/Lounge 6 Events in <i>Italics</i> are bus outings	