



# SEPTEMBER 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Daily Events are subject to change. Please check your Weekly Schedules and Daily Boards for the most up to date</i>	<i>If you have any Questions or Comments for our Activities Team, please call:</i> Nedra—Activity Manager Extension #: 5170 Sarah—Activity Assistant & Trip Coordinator Extension #: 5229		<b>*Green Bolded Text indicates Entertainers*</b>			<b>1</b> <i>*No Gentle Fit*</i> 10:15 Carpet Bowling 2-3 Computer Assistance 2:30 Putting Fun <b>7:00 Movie: "Remember the Titans"</b>
<b>2</b> 3:00 Table Games	<b>3</b> <b>LABOUR DAY</b> <i>*No Fitness*</i> <b>2:30 Lounge Music— Two of Frank's Students on Piano</b> 7:00 Bridge/ Table Games <b>7:00 Nature Night: "Wild North-The Coast"</b>	<b>4</b> 9:15 Body Fit <b>11:30-3 Fashion Closet</b> <b>1:15 Champlain</b> 7:00 Table Games/ Mex. Train 7:00 Billiards <b>7:00 Travel Video: "The Heart of France"</b>	<b>5</b> 9:15 Stretch & Strength 10:30 Chapel <b>2:30 Resident Meeting</b> 7:00 Scrabble/ Table Games	<b>6</b> 9:30 Carpet Bowling <b>11-3 Picnic &amp; Bocce Ball @ Trout Lake</b> 2:00 Tai Chi Fitness 7:00 Tile Rummy <b>7:00 New Documentary: Dietrich Bonhoeffer</b>	<b>7</b> <b>9:15 Special Fitness Class w/ Kim Hall</b> <b>10:30 Golf Tournament</b> 2:00 Prayer Group 2:00 Mobile Library 3:00 Bingo 7:00 Table Games <b>7:00 Movie: "Same Kind of Different as me"</b>	<b>8</b> <b>FOOT CARE</b> 10:15 Carpet Bowling 1:30-3:00 Computer Assistance 2:00 Gentle Fit 2:30 Putting Fun <b>7:00 Movie: "A River Runs Through It"</b>
<b>9</b> 3:00 Table Games <b>7:00 Faith Hymn Sing</b>	<b>10</b> 10:00 Cardio Tone 2:00 Gentle Fit <b>3:15 Back to School Fun</b> 7:00 Bridge/ Table Games <b>7:00 Nature Night: "Wild North-The Forest"</b>	<b>11</b> 9:30 Carpet Bowling Lesson For Beginners 10:15 Carpet Bowling <b>4:45 Dine Out: Peaceful Restaurant (Chinese Cuisine)</b> 7:00 Table Games/ Mex. Train 7:00 Billiards <b>7:00 Emily on Piano</b>	<b>12</b> 9:15 Stretch & Strength 10:30 Chapel <b>2-3 One on One Assessment w/ Easy Therapy</b> <b>2:30 Mini Manicures</b> <b>3:15 Conversation Café</b> 7:00 Scrabble/ Table Games	<b>13</b> 9:30 Carpet Bowling <b>10:15-12:15 Grandview Towers Multi-Cultural Day Bus Trip</b> <b>2:00 Blood Pressure</b> 2:00 Tai Chi Fitness 7:00 Tile Rummy <b>7:00 Tales &amp; Treats with Karen</b>	<b>14</b> 9:15 Balance & Relaxation <b>10-3 Heidi's Jewelry</b> <b>10:30 Golf Tournament</b> 2:00 Prayer Group 2:00 Mobile Library 3:00 Bingo 7:00 Table Games <b>7:00 Jennifer Lauren on Piano</b>	<b>15</b> <i>*No Gentle Fit*</i> 10:15 Carpet Bowling 1:30-2:30 Computer Assistance 2:30 Putting Fun <b>7:00 Daniel on Piano</b>
<b>16</b> 3:00 Table Games	<b>17</b> 10:00 Cardio Tone <b>11-2 Carda Creations</b> <b>2:00 Fall Fashion Show</b> 7:00 Bridge/ Table Games <b>7:00 Nature Night: "Wild North- The Mountains"</b>	<b>18</b> 9:15 Body Fit <b>9:30 Nygard @ Market Crossing</b> 10:30 Bible Basics <b>2:30 Flower Arranging</b> 7:00 Table Games/ Mex. Train 7:00 Billiards <b>7:00 Short Stories by the Fire</b>	<b>19</b> 9:15 Stretch & Strength 10:30 Chapel <b>2:30 September Birthday &amp; Welcome Tea w/ Brian Gimble</b> 7:00 Scrabble/ Table Games	<b>20</b> 9:30 Carpet Bowling <b>9:45 SAS Comfort Shoes</b> 2:00 Tai Chi Fitness <b>2:00 Pharmacist Time</b> <b>3:15 Pharmacist Presentation- "Arthritis"</b> 7:00 Tile Rummy <b>7:00 Popcorn Night: Movie- "Shadow Land"</b>	<b>21</b> 9:15 Balance & Relaxation <b>10:30 Golf Tournament</b> 2:00 Prayer Group 2:00 Mobile Library 3:00 Bingo 7:00 Table Games <b>7:00 Movie: "Philomena"</b>	<b>22</b> <b>AUTUMN BEGINS</b> 10:15 Carpet Bowling 2-3 Computer Assistance 2:00 Gentle Fit 2:30 Putting Fun <b>7:00 Bingo</b> 
<b>23</b> 3:00 Table Games <b>7:00 Hymn Sing w/ Jack Purdie</b>	<b>24</b> 10:00 Cardio Tone 2:00 Gentle Fit 7:00 Bridge/ Table Games <b>7:00 Nature Night: "National Parks Adventure"</b>	<b>25</b> 9:30 Carpet Bowling Lesson for Beginners <b>9:30 Wal-Mart</b> 10:15 Carpet Bowling <b>2:30 Concert in Care- Pianist Chiharu Iinuma &amp; Violinist David Gillham of the Health Arts Society</b> 7:00 Table Games/ Mex. Train 7:00 Billiards <b>7:00 Emily on the Piano</b>	<b>26</b> 9:15 Stretch & Strength <b>10-3 Euro Designs</b> 10:30 Chapel <b>2:00 Choir Begins</b> <b>2:30 Mini Manicures</b> <b>3:15 Golf Awards</b> 7:00 Scrabble/ Table Games	<b>27</b> 28 9:30 Carpet Bowling <b>9:30 Champlain</b> <b>11-3:30 New to You Boutique</b> <i>*No Tai Chi Today*</i> 7:00 Tile Rummy <b>7:00 Video: "Wonder of God's Creation"</b>	<b>28</b> 9:15 Balance & Relaxation 10:00 Wii Bowling 2:00 Prayer Group 2:00 Mobile Library 3:00 Bingo 7:00 Table Games <b>7:00 Movie: "Quartet"</b>	<b>29</b> <i>*No Gentle Fit*</i> 10:15 Carpet Bowling 1:30-3:30 Computer Assistance 2:30 Wii Bowling <b>7:00 Daniel on Piano</b>
<b>30</b> 3:00 Table Games						