




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>NOVEMBER</div> <div>BEGBIE</div> <div>1</div> <div>*Daily Activities Subject to change*</div>					1 Bikram 8:00 Meal Assistance (3) 9:45 Lost & Found 10:30 Coffee & Word Games 2:00	2 Bikram 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Brain Teasers 2:00 Java Sing A Long
3 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Manicures 2:15 Church Service (TH)	4 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Shuffleboard 1:15 Helping Hands 2:00 Movie/1:1 Visits	5 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Praise&Prayer (TH) 2:00 BINGO 2W	6 Bonnie 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Chair Stretch & Crossword 2:15 Hymn Sing (TH) 2:15 1:1 Visits	7 Bonnie 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Fit Body & Mind 2:15 Music w/ Guy (TH)	8 Bonnie 8:00 Meal Assistance (3) 9:45 Lost & Found 10:30 Coffee & Crossword 2:00 Fellowship Social **	9 Bonnie 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Reminiscing 2:00 Active Games
10 Bonnie 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Manicures 2:15 Church Service (TH) 	11 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:45 Remembrance Day Ceremony (TH) 1:45 Bus Outing	12 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Praise&Prayer (TH) 2:00 BINGO 2W	13 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Chair Stretch & Trivia 2:15 Hymn Sing (TH) 2:15 1:1 Visits 3:45 Bird Care	14 Bonnie 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Fit Body & Mind 2:15 Music w/ Mark (TH)	15 Bonnie 8:00 Meal Assistance (3) 9:45 Lost & Found 10:30 Active Games 2:00 Birthday Tea **	16 Bonnie 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Brain Teasers 2:00 Java Sing A Long
17 Bonnie 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Manicures 2:15 Church Service (TH)	18 Bonnie 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Chair Stretch & Crossword 1:15 Helping Hands 2:00 Planning	19 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Praise&Prayer (TH) 2:00 BINGO 2W	20 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Exercises 2:15 Hymn Sing (TH) 2:15 1:1 Visits	21 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Fit Body & Mind 2:15 Happy Hour w/ Steve B (TH)	22 Bonnie 8:00 Meal Assistance (3) 9:45 Lost & Found 10:30 Baking 2:00 Social	23 Bonnie 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Reminiscing 2:00 Active Games
24 Bonnie 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Manicures 2:15 Church Service (TH)	25 Bonnie 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Chair Stretch & Word Scramble 1:45 Bus Outing	26 Bonnie 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Praise&Prayer (TH) 2:00 BINGO 2W	27 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Exercises 2:00 Afternoon Social 3:45 Bird Care	28 Jane 8:00 Meal Assistance (3) 9:45 Morning Walks 10:30 Fit Body & Mind 2:15 Music w/ Jean (TH)	29 Jane 8:00 Meal Assistance (3) 9:45 Lost & Found 10:30 Active Games 2:00 Ice Cream Social	30 Bonnie 8:00 Meal Assistance (3) 9:00 Morning Walks 10:30 Brain Teasers 2:00 Java Sing A Long