

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

NOVEMBER

MUNRO 7

****Daily Activities subject to change****



1 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 BINGO
 1:15 Helping Hands (3)
 2:00 1:1 Visits

2 Jill
 9:00 Morning Walks
 10:30 Active Games
 2:00 Trivia

3
2:15 Church Service (TH)

4 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Aviation History
 2:00 Java Music Club

5 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
10:30 Praise&Prayer (TH)
 10:30 Garden Visits
2:15 Music w/ Guy 7E

6 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
10:30 Music Therapy W
2:15 Hymn Sing (TH)

7 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Chair Exercises
 2:00 Crafts (W)

8 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 BINGO
 2:00 Movie (TH)

10 Jill
 8:00 Meal Assistance (E)
 9:00 Morning Walks
 10:30 Manicures
2:15 Church Service (TH)



11 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
10:45 Remembrance Day Ceremony TH
 2:00 Java Music Club

12 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
10:30 Praise&Prayer (TH)
 10:30 1:1 Visits
2:15 Music w/ Mark 6W

13 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Shuffleboard (E)
2:15 Hymn Sing (TH)

14 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Chair Exercises
1:45 Bus Outing

15 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 BINGO
 1:15 Helping Hands (3)
 2:00 Laughter Club (E)

16 Jill
 9:00 Morning Walks
 10:30 Morning Discussions
2:00 Birthday Tea **

17
2:15 Church Service (TH)

18
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Morning Discussions
 2:00 Java Music Club

19 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
10:30 Praise&Prayer (TH)
 10:30 Planning
2:15 Music w/ Margot J 7W

20 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Documentary "Salt, Tears of the Earth E"
2:15 Hymn Sing (TH)

21 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Chair Exercises
2:15 Happy Hour w/ Steve B (TH)

22 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 BINGO
 2:00 Name the Tune (W)



24 Mandeep
 8:00 Meal Assistance (E)
 9:00 Morning Walks
 10:30 Travelogue "Mediterranean Sea" W
2:15 Church Service (TH)

25
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Active Games
2:00 Pacific Opera (TH)

26
 8:00 Meal Assistance (E)
 9:45 Morning Walks
10:30 Praise&Prayer (TH)
 10:30 1:1 Visits
2:15 Music w/ Jean B 6W

27
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Ball Toss
2:00 Afternoon Social

28 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 Chair Exercises
1:45 Bus Outing

29 Mandeep
 8:00 Meal Assistance (E)
 9:45 Morning Walks
 10:30 BINGO
 1:15 Helping Hands (3)
 2:00 Sing A Long E

30 Mandeep
 9:00 Morning Walks
 10:30 Manicures
 2:00 Movie (W)