




NOVEMBER 2019




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Daily Events are subject to change. Please check your Weekly Schedules and Daily Boards for the most up to date details. Thank You.</i>	<i>If you have any Questions or Comments for our Activities Team, please call:</i> Nedra—Activity Manager Ext. 5170 Sarah—Activity Assistant & Bus Trip Coordinator Ext. 5229				1 9:15 Balance and Relaxation 10:00 Wii Bowling 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 Movie: “Harvest Moon”	2 <i>*No Gentle Fit</i> 10:15 Carpet Bowling 2-3 Computer Assistance 2:30 Wii Bowling 7:00 Movie: “Christopher Robin”
3 <u>DAY LIGHT SAVINGS TIME ENDS</u> 3:00 Table Games/Mahjong	4 10:00 Cardio Tone 10:30 Tea Time Music w/ Kevin 11-3 Carda Creations 2:00 Carda Fashion Show 7:00 Bridge/ Table Games 7:00 Classical Music Video—“The 3 Tenors in Concert: 1994”	5 9:30 🚌 Champlain Square 10:15 Carpet Bowling 2:30 Concert in Care: Van Django Quartet (Health Arts Society) 7:00 Table Games/ Mexican Train 7:00 Billiards 7:00 Resident’s Choice— Movie Night: “Instant Family”	6 9:15 Stretch and Strength 10:30 Chapel 2:00 Choir 2:00 Chess for Beginners 7:00 Scrabble/ Table Games 7:00 Travel Video: Rick Steve’s Europe—Venice City of Dreams & It’s Lagoon	7 9:30 Carpet Bowling 12:45 🚌 Circle Craft Fair 2:00 Tai Chi Fitness 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Popcorn Night: “The Gospel of John” Pt. 2	8 9:15 Balance and Relaxation 10:00 Wii Bowling 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 A Tribute to Our Veterans— Brandon & Glenn	9 10:15 Carpet Bowling 2-3 Computer Assistance 2:00 Gentle Fit 2:30 Wii Bowling 7:00 Bingo
10 3:00 Table Games/Mahjong 7:00 Faith Hymn Sing	11 <u>REMEMBRANCE DAY</u> <i>*No Fitness Today*</i> 10:30 Ottawa Live News Feed 2:30 Frank’s Students on the Piano 7:00 Bridge/ Table Games 7:00 Documentary: “John McCrae’s War: In Flanders Fields”	12 10:30 Bible Basics 11-2 Mini Mobi Accessories 2:30 Brock House Orchestra 4:45 🚌 Dine Out—Minerva’s 7:00 Table Games/ Mexican Train 7:00 Billiards 7:15 Piano Music w/ Emily	13 9:15 Stretch and Strength 10:30 Remembrance Day Chapel 2:00 Choir 2:00 Mahjong 2:30 Mini-Manicures 3:15 Telus Wise Presentation 7:00 Scrabble/ Table Games 7:00 Video: The Memory Project—WWII Interviews	14 9:30 Carpet Bowling 10:30 🚌 SAS Shoes 2:00 Tai Chi Fitness 3:15 Ted Talks 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Popcorn Night: “The Shadow Lands”	15 9:15 Balance and Relaxation 10:00 Wii Bowling 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 Movie— “I Dreamed of Africa”	16 10:15 Carpet Bowling 2-3 Computer Assistance 2:00 Gentle Fit 2:30 Wii Bowling 7:00 Movie: “The Glass Castle”
17 3:00 Table Games/Mahjong	18 10:00 Cardio Tone w/ Tarah 2:00 Gentle Fit 7:00 Bridge/ Table Games 7:00 Russian Folk Orchestra	19 <u><i>PURDY’S ORDER DUE</i></u> 10:15 Carpet Bowling TBA 🚌 Movie Matinee: “Last Christmas” or “Harriet” 7:00 Table Games/ Mexican Train 7:00 Billiards 7:00 Resident’s Choice— Movie Night: “The Art of Racing in the Rain”	20 9:15 Stretch and Strength 10:30 Chapel 2:00 Choir 2:30 November B-Day& Welcome Tea w/ the Hot Mamma’s 7:00 Scrabble/ Table Games 7:00 Travel Video: Rick Steve’s Europe—A Symphonic Journey	21 9:30 Carpet Bowling 10:30-3:30 🚌 Metrotown 2:00 Tai Chi Fitness 3:15 Conversation Café w/ Nedra 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Video: “Gaither Gospel Favourites”	22 9:15 Balance and Relaxation 10:00 Wii Bowling 10:30 Frank on the Piano 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 Movie: “The Way”	23 <i>*No Gentle Fit</i> 10:15 Carpet Bowling 2-3 Computer Assistance 2:30 Wii Bowling 7:00 Movie: “Pride & Prejudice”
24 3:00 Table Games/Mahjong 3:00 Tea Time Piano w/ Manuel 7:00 Hymn Sing w/ Jack	25 10:00 Cardio Tone 2:00 Gentle Fit w/ Tarah 7:00 Bridge/ Table Games 7:00 Nature Night: “Wild Baltic Forest & Moorland”	26 —Christmas Decorating— 10:30 Bible Basics 10:30 Tea Time Piano w/ Kelvin 3:00 Hand Massage 7:00 Table Games/ Mexican Train 7:00 Billiards 7:00 Short Stories by the Fireplace	27 —Christmas Decorating— 9:15 Stretch and Strength 10:30 Chapel 11:30 \$15 Jewelry 2:00 Choir 2:30 Mini-Manicures 7:00 Scrabble/ Table Games 7:00 Travel Show w/ Malcolm & Linda — Nepal	28 9:30 Carpet Bowling 12:45 🚌 Champlain Square 2:00 Tai Chi Fitness 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Christmas Tree Decorating	29 9:15 Balance and Relaxation 10:00 Wii Bowling 11-2 Arbor Scarves 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 Vancouver Pops Choir	30 <i>*No Gentle Fit</i> 10:15 Carpet Bowling 2-3 Computer Assistance 2:30 Wii Bowling 3:00 Piano Music w/ Frank’s Student; Anika 7:00 Movie: “Princess Grace of Monaco”