

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2019



T3 DIAMOND

					<p>8:00 Breakfast with Friends 9:45 Gentle Stretch 10:00 Ball Game 10:50 Hydration Time <b>1:00 Music with Ron on Keyboard</b> 2:30 Creative Corner 3:30 Clean Up</p>	<p>8:00 Breakfast with friends 9:30 Sit &amp; Fit 10:30 Memory lane 1:30 Sensory connection Helping hands 3:30 Tidy up</p>
<p>8:00 Breakfast with friends <b>10:00 Chapel Service</b>  1:45 Creative corner Busy hands 3:30 Clean Up</p> <p>Daylight Saving Time Ends</p>	<p>8:00 Breakfast with friends 9:45 Morning walk 10:00 Active game <b>10:30 Pet Visit with Nico</b> 11:00 1:1 Visit 2:30 Bowling 3:30 Tidy Up</p>	<p>8:00 Breakfast with Friends <b>9:00 Music with Ron on Keyboard</b> 10:00 Active games 10:45 Hydration time <b>2:00 Hymn Sing</b> 2:45 Fun with Colors 3:30 Tidy Up</p>	<p>8:00 Breakfast with friends 9:45 Fun &amp; fitness 10:30 Baking <b>1:30 Monthly Calendar Planning</b></p>	<p>8:00 Breakfast with Friends 9:45 Fun &amp; Fitness 10: 20 Basketball 10:50 Quench your thirst 1:1 Visit <b>12:45 Music with Angela</b> 1:45 Creative Corner 3:30 Clean up</p>	<p><b>6:30 Special Breakfast with Friends</b> <b>10:00 Music with Ron on Keyboard</b> 1:30 Hand Spa/Massages Tidy Up</p>	<p>8:00 Breakfast with friends 9:45 Mind &amp; body movement 10:30 Bowling 1:30 Hand spa/ Messages Reminiscing 3:30 Tidy up</p>
<p>8:00 Breakfast with friends <b>10:00 Chapel Service</b>  1:45 Active game Sing along 3:30 Tidy up</p>	<p><b>STAT HOLIDAY</b>  <b>REMEMBRANCE DAY</b>  Veterans Day (US) Remembrance Day (Canada)</p>	<p>8:00 Breakfast with Friends 9:45 Gentle Stretch 10:00 Floor Soccer 10:45 Hydration time <b>11:00 Music with Ron on Keyboard</b> <b>2:00 Hymn Sing</b> 2:45 Fun with Colors 3:30 Tidy Up</p>	<p>8:00 Breakfast with friends 9:45 Fun &amp; fitness 10:30 Baking 1:45 Coffee &amp; tea social 2:45 Sing-along 3:30 Tidy up</p>	<p>8:00 Breakfast with Friends 9:45 Fun &amp; Fitness 10: 20 Basketball 10:50 Quench your thirst 1:1 Visit <b>12:45 Music with Angela</b> 1:45 Creative Corner 3:30 Clean up</p>	<p>8:00 Breakfast with Friends 9:45 Gentle Stretch 10:00 Ball Toss 10:50 Hydration Time <b>1:00 Music with Ron on Keyboard</b> 2:45 Hand Spa/ Messages 3:30 Clean up</p>	<p>8:00 Breakfast with friends 9:30 Sit &amp; Fit 10:30 Memory lane 1:30 Sensory connection Helping hands 3:30 Tidy up</p>
<p>8:00 Breakfast with friends <b>10:00 Chapel Service</b>  1:45 Creative corner Busy hands 3:30 Cleanup</p>	<p>8:00 Breakfast with friends 9:45 Morning walk 10:00 Active game <b>10:30 Pet Visit with Nico</b> 11:00 1:1 Visit <b>2:00 Birthday Party with Peter</b> 3:30 Clean Up</p>	<p>8:00 Breakfast with Friends <b>9:00 Music with Ron on Keyboard</b> 10:00 Active games 10:45 Hydration time <b>2:00 Hymn Sing</b> 2:45 Fun with Colors 3:30 Tidy Up</p>	<p>8:00 Breakfast with friends 9:45 Fun &amp; fitness 10:30 Baking 1:45 Coffee &amp; tea social 2:45 Sing-along 3:30 Tidy up</p>	<p>8:00 Breakfast with Friends 9:45 Fun &amp; Fitness 10: 20 Basketball 10:50 Quench your thirst 1:1 Visit <b>12:45 Music with Angela</b> 1:45 Creative Corner 3:30 Clean up</p>	<p><b>6:30 Help with T4 Special Breakfast</b> 9:45 Morning walk <b>10:00 Music with Ron on Keyboard</b> 1:45 Hand Spa/ Messages 1:1 Visit</p>	<p>8:00 Breakfast with friends 9:45 Mind &amp; body movement 10:30 Bowling 1:30 Movie Afternoon 3:30 Tidy up</p>
<p>8:00 Breakfast with friends <b>10:00 Chapel Service</b>  1:45 Active game Sing along 3:30 Tidy up</p>	<p>8:00 Breakfast with friends 9:45 Morning walk 10:00 Active game <b>10:30 Pet Visit with Nico</b> 11:00 1:1 Visit 2:30 Bowling 3:30 Tidy Up</p>	<p>8:00 Breakfast with Friends 9:45 Gentle Stretch 10:00 Floor Soccer 10:45 Hydration time <b>11:00 Music with Ron on Keyboard</b> <b>2:00 Hymn Sing</b> 2:45 Fun with Colors 3:30 Tidy Up</p>	<p>8:00 Breakfast with friends 9:45 Fun &amp; fitness 10:30 Baking <b>2:00-3:00 Dept. Meeting</b></p>	<p>8:00 Breakfast with Friends 9:45 Fun &amp; Fitness 10: 20 Basketball 10:50 Quench your thirst 1:1 Visit <b>12:45 Music with Angela</b> 1:45 Creative Corner 3:30 Clean up</p> <p>Thanksgiving Day (US)</p>	<p>8:00 Breakfast with friends 9:45 Morning walk 10:00 Stretch &amp; relax 10:30 Balloon game <b>1:00 Music with Ron on Keyboard</b> 2:45 Hand Spa/ Messages 3:30 Clean up</p>	<p>8:00 Breakfast with friends 9:30 Sit &amp; Fit 10:30 Memory lane 1:30 Sensory connection Helping hands 3:30 Tidy up</p>

Programs are subject to change

Evergreen Baptist Campus of Care

Marjorie Benac – Recreation Coordinator