

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
					7:30 Assisting with Special Breakfast on T5 10:30 Exercises & Daily Chronicle Paperwork Afternoon	NOVEMBER 
10:00 Sunday Service in the Chapel  <small>Daylight Savings Time Ends</small>	3 8:00 Breakfast 10:00 Sit N' Fit 10:30 Daily Chronicle 10:45 Horse Shoes 2:00 Bingo 	4 8:00 Breakfast 10:00 Working Out 10:30 Daily Chronicle 11:00 Out For Lunch 	5 8:00 Breakfast 10:00 Body Break 10:30 Daily Chronicle 11:00 Music Therapy 1:30 Calendar Planning Afternoon	6 8:00 Breakfast 10:00 Remembrance Day Ceremony in the Chapel 2:00 Culinary Afternoon 3:30 Hymn Sing	7 8:00 Breakfast 10:00 Body Works 10:30 Daily Chronicle 11:00 Music with Ron 2:00 Ice-Cream Social 	8 
10:00 Sunday Service in the Chapel 	10 	11 8:00 Breakfast 10:00 Sit N' Fit 10:30 Daily Chronicle 10:45 Bean-Bag Toss 3:00 Musical Afternoon	12 8:00 Breakfast 10:00 Exercises 10:30 Daily Chronicle 11:00 Music Therapy 2:00 Spa Afternoon 	13 8:00 Breakfast 10:00 Body Break 10:30 Daily Chronicle 10:45 5-Card Bingo 2:00 Culinary Afternoon 3:30 Hymn Sing	14 8:00 Breakfast 10:00 Exercises 10:30 Daily Chronicle 10:45 Horse Shoes 2:00 Music on T5 (weather permitting)	15 
10:00 Sunday Service in the Chapel 	17 8:00 Coffee Time 10:00 Exercises 10:30 Daily Chronicle 10:45 Horse Shoes 2:00 Bingo 	18 8:00 Breakfast 10:00 Body Works 10:30 Daily Chronicle 10:45 Bean-Bag Toss 1:00 Afternoon Drive 	19 8:00 Breakfast 10:00 Body Works 10:30 Daily Chronicle 11:00 Music Therapy Order-in Lunch 2:00 Spa Afternoon	20 8:00 Breakfast 10:00 Sit N' Fit 10:30 Daily Chronicle 10:45 5-Card Bingo 2:00 Christmas Decorating 3:30 Hymn Sing	21 8:00 Breakfast 10:00 Power ½ Hour 10:30 Daily Chronicle 11:00 Music with Ron 2:00 Ice-Cream Social Christmas Stuff	22 
10:00 Sunday Service in the Chapel 	24 8:00 Breakfast 9:30 Music with Angela 10:30 Sit N' Fit 11:00 Daily Chronicle & word games 2:00 Bingo	25 8:00 Breakfast 10:00 Getting Fit 10:30 Daily Chronicle 10:45 Bean-Bag Toss 3:00 Rockin' with Ron 	26 8:00 Breakfast 10:00 Sit N' Fit 10:30 Daily Chronicle 11:00 Music Therapy 1:30 Department Meeting	27 8:00 Breakfast 10:00 Workout 10:30 Daily Chronicle 10:45 5-Card Bingo 2:00 Christmas Decorating 3:30 Hymn Sing <small>Thanksgiving Day (US)</small>	28 7:30 Early Morning Breakfast P3  Paperwork Afternoon	29 

All Programs are subject to change*** Bobbi Garbutt B.Sc. in Therapeutic Recreation.