


# NOVEMBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Morning Exercise with Helena— Monday to Thursday at 8am Tower 2 Lounge.</b>				<b>1</b> <b>FLU SHOT CLINIC</b> <b>9AM—12 NOON T1 LOUNGE</b> <b>CALL 604.2519915 FOR APPOINTNTEMT</b>	<b>2</b> 10am—1pm—Chinese Brush Painting, T2 Lounge
<b>3</b> <b>Daylight Saving Time Ends!</b>	<b>4</b> 10am—Mandala, T2 Lounge 2pm— Smartphones, Tablets, Technology workshop, T1 Lounge	<b>5</b> 10am—Bible Study with Chaplain Jay , T3 TV Room 1:30 PM— Music Social, T1 lounge	<b>6</b> Coffee Time 9am—T2 Lounge <b>**Coffee Time in Tower 1 is temporarily cancelled. Please join T2 Coffee Time</b>	<b>7</b> 10am—Coffee Time, T3 Dining 1:00PM— Korean Prayer Time with Misuk, T2 Lounge 3:30pm—Afternoon Tea, SSH 3:30pm— Daisy Visits, T1 lounge	<b>8</b> <b>REMEMBRANCE DAY TEA</b> <b>2PM T2 LOUNGE</b> <b>\$3 FOR TICKETS</b>	<b>9</b> 10am—1pm—Chinese Brush Painting, T2 Lounge 10am—Charlie Visits, T3 Dining Area and lobby areas
<b>10</b>	<b>11</b> 	<b>12</b> 10am—Bible Study with Chaplain Jay , T3 TV Room 1:30 PM— Music Social, T1 lounge	<b>13</b> Coffee Time 9am—T2 Lounge <b>BIRTHDAY TEA</b> <b>1:30 PM T2 lounge</b>	<b>14</b> 10am—Coffee Time, T3 Dining 1:00PM— Korean Prayer Time with Misuk, T2 Lounge 3:30pm—Afternoon Tea, SSH 3:30pm— Daisy Visits, T1 lounge	<b>15</b> <b>**Mandala in Tower 3 is on going weekly</b> 1:30PM—Bible Study with Chaplain Noel, T2 Lounge	<b>16</b> 10am—1pm—Chinese Brush Painting, T2 Lounge
<b>17</b>	<b>18</b> 10am—Mandala, T2 Lounge 2pm— Smartphones, Tablets, Technology workshop, T1 Lounge	<b>19</b> 10am—Bible Study with Chaplain Jay , T3 TV Room 1:30 PM— Music Social, T1 lounge 4pm— Movie Matinee, T2 Lounge	<b>20</b> 9:30 AM—Tower 1 and Tower 2 Community Brunch T2 Lounge, \$2.50 1:30 PM—Afternoon Classics “Blue Hawaii” T2 Lounge	<b>21</b> 9:30AM—SSH and Tower 3 Community Brunch, T3 Dining Area \$2.50 1:00PM— Korean Prayer Time with Misuk, T2 Lounge 3:30pm—Afternoon Tea, SSH 3:30pm— Daisy Visits, T1 lounge	<b>22</b> <b>**Mandala in Tower 3 is on going weekly</b> 1:30PM—Bible Study with Chaplain Noel, T2 Lounge	<b>23</b> 10am—1pm—Chinese Brush Painting, T2 Lounge
<b>24</b>	<b>25</b> 10am—Mandala, T2 Lounge 2pm— Smartphones, Tablets, Technology workshop, T1 Lounge 2pm—Chinese Bible Study, T2 Lounge	<b>26</b> 10am—Christmas Decorations set-up T1 Lounge. <b>**Arra needs VOLUNTEERS!</b> 10am—Bible Study with Chaplain Jay , T3 TV Room 1:30 PM— Music Social, T1 lounge	<b>27</b> Coffee Time 9am—T2 Lounge 10am—Christmas Decorations set-up T2 Lounge. 1pm—T2 Lobby Area <b>**Arra needs VOLUNTEERS!</b>	<b>28</b> <b>**NO COFFEE TIME BUT**</b> 10am—Christmas Decorations set-up T3 Dining and Lobby Area <b>**Arra needs VOLUNTEERS!</b>	<b>29</b> <b>**Mandala in Tower 3 is on going weekly</b> 1:30PM—Bible Study with Chaplain Noel, T2 Lounge 3pm—Advent Service, T2 Lounge	<b>30</b> 10am—1pm—Chinese Brush Painting, T2 Lounge