

# Recreation Calendar

# JULY 2020



# Upper Terrace

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Face Time Digital Visits</i></p> <p></p> <p><a href="mailto:ing-ipad-1@baptisthousing.org">ing-ipad-1@baptisthousing.org</a></p>	<p><b>Monday-Friday</b> 11am. - 12 &amp; 3:15pm. - 4pm.</p>	<p><b>1 JULY</b></p> <p><b>HAPPY CANADA DAY!</b></p>	<p>9:45 Coffee &amp; Chat <b>10:15 Canada Day Trivia</b> 1:15 Movie Afternoon 1:45 Helping Hands <b>2:15 Canada Day Party at lower Terrace</b></p>	<p>9:45 Coffee &amp; Chat <b>10:15 Trivia - "Sounds"</b> 10:15 One to One with Amy 1:15 Movie Afternoon 1:45 Helping Hands 2:15 Manicures</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness <b>11:00 Singalong</b> 1:15 Movie Afternoon 1:45 Helping Hands 2:15 Garden Walks</p>	
<p>1 - 4pm Afternoon Visits &amp; Patio Time with Amy</p>	<p><b>2:15 Music Therapy (east)</b></p>	<p>9:45 Coffee &amp; Chat <b>10:15 Concert on TV</b> <b>10:30 Music Therapy (north)</b> 1:15 Movie Afternoon 1:45 Helping Hands 2:30 Puzzles</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness with Amy 11:00 Let's Talk about... 1:15 Movie Afternoon 1:45 Helping Hands <b>2:15 Music Therapy (West)</b></p>	<p>9:45 Coffee &amp; Chat <b>10:15 Trivia - "Professions"</b> 10:15 One to One with Amy 1:15 Movie Afternoon 1:45 Helping Hands 2:15 Manicures</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness <b>11:00 Singalong</b> 1:15 Movie Afternoon 1:45 Helping Hands 2:30 Ice Cream Social</p>	
<p>1 - 4pm Afternoon Visits &amp; Patio Time with Amy</p>	<p>9:45 Coffee &amp; Chat 10:00 Famous People <u>Influential People through History</u> 1:45 Helping Hands <b>2:15 Music Therapy (east)</b> 3:15 Movie Afternoon</p>	<p>9:45 Coffee &amp; Chat <b>10:15 Concert on TV</b> <b>10:30 Music Therapy (north)</b> 1:15 Movie Afternoon 1:45 Helping Hands 2:30 Puzzles</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness with Amy 11:00 Let's Talk about... 1:15 Movie Afternoon 1:45 Helping Hands 2:30 Patio Time</p>	<p>9:45 Coffee &amp; Chat <b>10:15 Trivia - "Fruit"</b> 10:15 One to One with Amy 1:15 Movie Afternoon 1:45 Helping Hands 2:15 Manicures</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness <b>11:00 Singalong</b> 1:45 Helping Hands <b>2:15 Slideshow with Gail "Canada Day"</b> 3:15 Movie Afternoon</p>	
<p>1 - 4pm Afternoon Visits &amp; Patio Time with Amy</p>	<p>9:45 Coffee &amp; Chat 10:00 Movie Memories <u>Popular Movie Stars</u> 1:45 Helping Hands <b>2:15 Music Therapy (east)</b> 3:15 Movie Afternoon</p>	<p>9:45 Coffee &amp; Chat <b>10:15 Concert on TV</b> <b>10:30 Music Therapy (north)</b> 1:15 Movie Afternoon 1:45 Helping Hands 2:30 Puzzles</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness with Amy 11:00 Let's Talk about... 1:15 Movie Afternoon 1:45 Helping Hands <b>2:15 Music Therapy (West)</b></p>	<p>9:45 Coffee &amp; Chat <b>10:15 Trivia - "Vegetables"</b> 10:15 One to One with Amy 1:15 Movie Afternoon <b>2:15 Drum Circle with Gail</b> 3:15 Movie Afternoon</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness <b>11:00 Singalong</b> 1:15 Movie Afternoon 1:45 Helping Hands 2:30 Ice Cream Social</p>	
<p>1 - 4pm Afternoon Visits &amp; Patio Time with Amy</p>	<p>9:45 Coffee &amp; Chat 10:00 Where am I? <u>Traveling Around The World</u> 1:15 Movie Afternoon 1:45 Helping Hands 2:15 Garden Walks</p>	<p>9:45 Coffee &amp; Chat 10:15 Trivia <u>"Famous Couples"</u> 1:15 Movie Afternoon 1:45 Helping Hands 2:30 Puzzles</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness with Amy 11:00 Let's Talk about... 1:15 Movie Afternoon 1:45 Helping Hands 2:30 Patio Time</p>	<p>9:45 Coffee &amp; Chat <b>10:15 Trivia - "Hobbies"</b> 10:15 One to One with Amy 1:15 Movie Afternoon 1:45 Helping Hands 2:15 Manicures</p>	<p>9:45 Coffee &amp; Chat 10:15 Fitness <b>11:00 Singalong</b> 1:15 Movie Afternoon 1:45 Helping Hands 2:15 Garden Walks</p>	