

# NEWSLETTER

SUMMER 2020

#### "Summertime is always the best of what might be." — Charles Bowden



### OUR BIGGEST FACEBOOK CELEBRITY

Monumental celebrations were held at Evergreen and over 2,300 people engaged on Facebook to wish Rose a happy 107th birthday! Rose's life motto is smile and the world will smile at you. Rose you have a great smile and we are all smiling right back at you!



#### ACTIONS SPEAK LOUDER THAN WORDS

Troy de Vries, our Administrator in Armstrong and Salmon Arm, would like to thank Kelowna's Telus Community Ambassadors for their generous mask donation!

# HAPPINESS IS HANDMADE AT THE HEIGHTS

We would like to send a shout out to our volunteers and show the innovation that they have gifted us with. Sheila and Sue sewed a total of 170 handy apron pockets. Our Team Members are just over the moon!

### LAURA TAKES THE PRESSURE OFF WITH EAR SAVERS

Our Inglewood recreation team would like to recognize the very special efforts of our student volunteer Laura Cunningham. She has been visiting since grade 8 and has now graduated high school.

Laura has brought her kindness, creativity and generosity to many of our Residents over the years. She recently crafted and donated ear savers for our hard working Care Workers. What an extraordinary volunteer!



# LET LIFE BE BEAUTIFUL LIKE SUMMER FLOWERS - R. TAGORE

Flowers are blooming and the sun is shining here in the Okanagan! This season we have seen our incredible volunteers supporting our residences with handmade headbands, flower basket sales, and so much more.

Our Residents are enjoying many socially distanced activities, such as sidewalk serenades put on by talented locals like Opera Kelowna. We are all continuously learning that joy can be found in every circumstance!

# I'M NOT OLD SCHOOL - I'M CLASSIC

This year our Hallmark Team planned a car-show parade which started at the A&W parking lot. Our bus led the way with participants following in their vintage cars for a slow drive by Hallmark on the Lake and Hallmark on the Park. Residents, Team Members and neighbours loved the rolling classic car show.

We also shared our display of shiny vintage automobiles with several other local Abbotsford Retirement Communities. Such a beautiful morning - glad everyone enjoyed a classic show!





# PLAY IT AGAIN SAM

On Wednesdays, we live stream entertainment from the Auditorium for the Residents of Shannon Oaks Vancouver. All they have to do is tune-in to channel ten to watch the talented George, who normally works at the front desk, serenade us with familiar tunes.



# LIFE IS TOO SHORT TO HAVE BORING HAIR

Shannon Oaks Oak Bay Residents know how to let their hair down and have fun, especially during Crazy Hair Day!