








# AUGUST 2020 ACTIVITIES AT HALLMARK ON THE PARK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EX-Exercise Room-Terrace Lv. FS-Fireside Room -Terrace Lv. HK- Hobby Kitchen-3rd Fl. HS-Hallmark Square-Main Fl. ICP-Ice Cream Parlour-MainFl. LB- Library-3rd Fl. LR-Living Room-Hallmark Sq. DR-Dining Room- Terrace Lv.	Activities with a watermelon on it will have a description on the back of the calendar. 	Please sign up at the Concierge for any activity that is inside the lines.	<b style="color: red;">HAPPY BIRTHDAY!</b> Lonny B 5th Euna H 5th Maimie M 7th Laurel S 24th	** If you would like help with your laptop, computer, tablet or other device, please see Mary or Concierge and a time will be arranged with you.	** Bus Shuttle will resume on an adjusted schedule and with safety measures in place. Please see Bulletin Board or pick up details from Concierge.	1 10:30 Weekly Challenge (HS) 2:30 Movie Afternoon: "Forrest Gump" [Comedy] (FS)
2 10:00 Chapel with Chaplain Randall (HS) <b>Online Church Services:</b> Check your church website	3 <b>British Columbia Day</b> *No Keep Fit Class* 2:30 "This Day in History" Pick up handout at Concierge 	4 8:45 & 10:15 Bus Shuttle: Save On Foods London Drugs & Dr Appts 10:00 Bible Study with Chaplain Randall (FS) 2:30 Ice Cream Social (ICP)	5 10:00 Keep Fit Class (FS) 11:00 Life Labs (HK) (By Appointment Only) 2:30 Music with Derek Barnett (Backyard)	6 8:45 & 10:15 Bus Shuttle: Save On Foods London Drugs & Dr Appts 2:30 Ice Cream Social (ICP) 3:40 Boggle (HK)	7 10:00 Keep Fit Class (FS) 11:00 Brain Fitness (FS) 2:30 Armchair Travel to Iceland (FS) 	8 10:30 Weekly Challenge (HS) 2:30 Movie Afternoon "Good Will Hunting" [Drama] (FS)
9 10:00 Hymns on TV (LR) <b>Online Church Services:</b> Check your church website	10 10:00 Keep Fit Class (FS) 2:30 Crafter's Corner: Beaded Windchimes (HK)	11 8:45 & 10:15 Bus Shuttle: Highstreet Walmart 2:30 Ice Cream Social (ICP) 2:30 Country Drive ~ 45 Minute Roundtrip	12 10:00 Keep Fit Class (FS) 11:00 Life Labs (HK) (By Appointment Only) 2:30 Funny Animal YouTube Videos (FS)	13 8:45 & 10:15 Bus Shuttle: Highstreet Walmart 2:30 Ice Cream Social (ICP) 2:30 Country Drive ~ 45 Minute Roundtrip	14 10:00 Keep Fit Class (FS) 11:00 Jokes (LR) 2:30 Chocolate Bar Bingo (HK)	15 10:30 Weekly Challenge (HS) 2:30 Movie Afternoon "Grease" [Musical] (FS)
16 10:00 Hymns on TV (LR) <b>Online Church Services:</b> Check your church website	17 10:00 Keep Fit Class (FS) 2:30 Mary's History Corner: Architecture of Oak Park, Illinois (FS) 	18 8:45 & 10:15 Bus Shuttle: Save On Foods London Drugs & Dr Appts 2:30 Ice Cream Social (ICP) 3:40 Scattergories (HS)	19 10:00 Keep Fit Class (FS) 11:00 Life Labs (HK) 2:00 Guatemalan singers Pancho & Sal (Backyard) **Ice Cream Floats in the ICP from 1:45-2:15	20 8:45 & 10:15 Bus Shuttle: Save On Foods London Drugs & Dr Appts 2:30 Ice Cream Social (ICP) 3:40 Bocce Ball (HS)	21 10:00 Keep Fit Class (FS) 11:00 Brain Fitness (FS) 2:30 Cheese Tasting (HK) 	22 10:30 Weekly Challenge (HS) 2:30 Movie Afternoon "Jago: A Life Underwater" [Documentary] (FS)
23 10:00 Hymns on TV (LR) <b>Online Church Services:</b> Check your church website	24 10:00 Keep Fit Class (FS) 2:30 Water Gun Target Practice (Backyard)	25 8:45 & 10:15 Bus Shuttle: Highstreet Walmart 2:30 Ice Cream Social (ICP) 2:30 Country Drive ~ 45 Minute Roundtrip	26 10:00 Keep Fit Class (FS) 11:00 Life Labs (HK) (By Appointment Only) 2:30 Smoothies and Stories (HK) 	27 8:45 & 10:15 Bus Shuttle: Highstreet Walmart 2:30 Ice Cream Social (ICP) 2:30 Country Drive ~ 45 Minute Roundtrip	28 10:00 Keep Fit Class (FS) 2:30 Tech Support (HS) 	29 10:30 Weekly Challenge (HS) 2:30 Movie Afternoon "Heaven Is For Real" [Spiritual] (FS)
30 10:00 Chapel with Chaplain Randall (HS)	31 10:00 Keep Fit Class (FS) 2:30 Ladder Ball (HS)					

# WHAT'S HAPPENING THIS AUGUST

## ARMCHAIR TRAVEL TO ICELAND

*Friday, August 7th at 2:30 pm  
Fireside Room*

We don't have to pack a bag or spend 10 hours on a plane to experience Iceland! We will see beautiful photos, watch some travel videos, and learn a little bit about the history of Iceland, all from the comfort of the Fireside Room.

## CHEESE TASTING

*Friday, August 21st at 2:30 in the Hobby Kitchen*

Are you a cheese lover? Do you love trying new foods! If yes to either, come join us in the Hobby Kitchen where we will be sampling and learning about a number of different kinds of cheese!

## Tech Support

*Friday August 28th at 2:30 pm or as requested  
Hallmark Square*

Do you have a computer, iPhone or tablet that you'd like some help with or would you like to learn how to use the computers in the Hallmark Library? Mary will schedule times to help you. Please let Concierge or Mary know you'd like to book a time. Other dates/times can be arranged.

## MARY'S HISTORY CORNER: ARCHITECTURE OF OAK PARK, ILLINOIS

*Monday, August 17th at 2:30 pm  
Fireside Room*

Oak Park, Illinois is renowned for its residential architecture. There are 2,400 historic sites in Oak Park, the majority of which are homes built in the Queen Anne, Prairie School and Craftsman styles of architecture. Frank Lloyd Wright, widely regarded as the greatest American architect, lived in Oak Park and designed over 80 of the buildings. If you are interested in architecture or love to see the old homes in the Lower Mainland, come down to see some beautiful houses and learn a little bit about vernacular architecture.

## SMOOTHIES AND STORIES

*Wednesday, August 26th at 2:30 in the Hobby Kitchen*

We will share stories about our past while we enjoy a smoothie. While we sit around a table, family style, we will be sipping on the smoothies and sharing our stories with each other. Stay tuned to hear the smoothie flavours and the story topic.