

"It's the first day of autumn! A time of hot chocolatey mornings, and toasty marshmallow evenings, and, best of all, leaping into leaves!" - Winnie the Pooh



TO THE FALL... FESTIVAL!

Oktoberfest! It was a lovely collaboration with Inglewood's Hospitality and Spiritual Care Team as they provided delicious spring rolls and meatballs. Ken, one of our chaplains, went to a local brewery in North Vancouver to provide beer samples and swag from Wild Eye Brewery. Gail Penny performed, and our whole Recreation Team also collaborated to make it a very fun event!



LIFE IS MORE BEAUTIFUL WHEN YOU MEET THE RIGHT HAIRDRESSER – PETER COPPOLA

Residents in Kelowna are over the moon about the return of our talented hair stylists! It is wonderful seeing Residents smiles and confidence as they show off their fresh cuts, colours, and sometimes even a brand new style.

IN GOLF, AS IN LIFE, IT IS THE FOLLOW THROUGH THAT MAKES THE DIFFERENCE

Hallmark participated in this year's annual Chamber of Commerce Golf tournament, and this year our marketing team decided it would be extra special to invite along one of our Hallmark Residents, Larry Locken. He was thrilled to participate. Larry carried the group by playing a consistent round of golf. He will cherish and remember this event for years to come as it truly was a day well spent hitting balls onto the fairways on a beautiful sunny Friday afternoon. So pleased that we could help make this possible!



WALTER'S SUNSHINE

68 years ago Agnes, who was new to Canada, was walking down Fraser Street in Vancouver and overheard someone speaking her language - German. Agnes stopped to ask the person if there was a church in the area for her to go to. Walter answered and their love story began. Agnes and Walter lived in our Shannon Oaks Vancouver independent living community with us, and very recently, Walter passed quietly in the arms of his wife.

COVID times call for special efforts, and we would do anything to support these two to stay together. We had worked with their family and the Palliative Team from the hospital to coordinate supports to allow Walter to live his last days with his beloved Agnes. Agnes supported Walter during the days with regular Palliative Team visits to support and relieve her. Walter's love for Agnes was very special and he asked our team to arrange some sunflowers and a card for him to give her. She has always been his sunshine.

There were many tears as he presented the sunflowers to Agnes. They had a photo taken with the bouquet, and within 24 hours, Walter passed peacefully. Sometimes a special moment to mark the love we share can be the best time to let go. Agnes let Walter go, yet she will hold onto his love in her heart forever. Thanks Walter, for your example of loving your sunshine to your very last day. I am inspired.

Marc Kinna | Chief Operating Officer

WE MAKE A LIVING BY WHAT WE GET. WE MAKE A LIFE BY WHAT WE GIVE – WINSTON CHURCHILL

On September 16, Shannon Oaks Oak Bay hosted a special event honouring our Resident, Honora Bowring for 30 years of volunteering with Oak Bay volunteers. Oak Bay Mayor Kevin Murdock and Renee Lorme-Gulbrandsen, Executive Director for Oak Bay Volunteer Services, bestowed gifts and an award to Honora. We celebrated with a sparkling apple cider toast and Honora even sang us an old tune. We feel privileged to serve such an amazing lady!

