






# July 2022

NOTE: This Calendar is subject to change



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><i>Office: 595-6257</i> <i>Activities: 519-4437</i> <i>Hairdresser: 519-4438</i> <i>Chaplain: 519-4436</i></p>	<p>July Birthdays</p> <p>Alice MacLean July 1 Estella Hill-Tout July 3 Joan Haldane-Thornburn July 7 Barbara Wheeler July 8 Myra Rippon July 12 Walter Shelton July 14</p>	<p>July Birthdays</p> <p>Robert Wilson July 15 Doug Jobbins July 16 Shirley Briggs July 21 Sheri Tromp July 22 Hal Yardley July 24</p>	<p><b>**Courtyard Concerts are Weather dependent. May Move to Oak Room.**</b></p>	<p><b>1 Canada Day</b>  1:30 Men's Fitness <b>2:00 Courtyard Concert w/The Shenanigans</b> 7:00 Games Night</p>	<p><b>2</b> 9:00 Knit Wits 10:00 Fitness w/Mike 1:30 Writers' Workshop 7:00 Feature Film "The Eyes of Tammy Faye"</p>
<p><b>3</b> 2:00 Downton Abbey Season 2 Episode 3 6:30 Wizard Card Game 7:00 Evening Chapel Service</p>	<p><b>4</b> Foot Care Nurse on Site 10:00 Fitness w/Donna 10:45 Exploring the Bible 11:00 Prayer Gathering 1:30 Men's Fitness 7:00 Documentary "Disneynature Bears"</p>	<p><b>5</b> 10:00 Fit Mind &amp; Body 11:00 Walks w/Jacynthe 1:30 Scenic Drive 1:30 Whist Club 2:00 Bridge Class w/Mel <b>6:30 Music Bingo</b></p>	<p><b>6</b> 10:00 Yoga w/Sherri 1:30 Men's Fitness 2:00 Billiards &amp; Darts 3:00 Computer Support <b>6:30 Angela Carter on Piano</b> 6:30 Majong</p>	<p><b>7</b> 10:00 Chair Yoga w/Lesley 10:45 Penny 4 Your Thoughts  <b>2:00 Golf Putting Tournament</b> 6:30 Wizard Card Game 7:00 Movie Night "The Short Game"</p>	<p><b>8</b> 10:00 Virtual Fitness 1:30 Men's Fitness 1:30 Oak Bay Village 2:00 Summer Fun in the Courtyard 7:00 Games Night</p>	<p><b>9</b> 9:00 Knit Wits 10:00 Fitness w/Mike 1:30 Writers' Workshop <b>2:00 Courtyard Concert w/Jean Bedard</b> 7:00 Feature Film "Tolkien"</p>
<p><b>10</b> 2:00 Downton Abbey Season 2 Episode 4 6:30 Wizard Card Game</p>	<p><b>11</b> Foot Care Nurse on Site 10:00 Fitness w/Donna 10:45 Exploring the Bible 11:00 Prayer Gathering 1:30 Men's Fitness 2:30 Ambassador Group 7:00 Documentary "Disneynature Penguins"</p>	<p><b>12</b> 10:00 Fit Mind &amp; Body 11:00 Walks w/Jacynthe 1:30 Whist Club 2:00 Bridge Class w/Mel 6:30 Bingo</p>	<p><b>13</b> 9:30 Canada Scooter 10:00 Yoga w/Sherri 10:30 MyChosen Café &amp; Drive 1:30 Men's Fitness 2:00 Billiards &amp; Darts 3:00 Computer Support <b>6:30 Angela Carter on Piano</b> 6:30 Majong</p>	<p><b>14</b>  10:00 Chair Yoga w/Lesley 10:45 Penny 4 Your Thoughts <b>2:00 Courtyard Concert w/Mark Davies</b> 6:30 Wizard Card Game 7:00 Movie Night "The Greatest Showman"</p>	<p><b>15</b> 10:00 Fitness w/Alexis 1:30 Men's Fitness 1:30 Mayfair Mall 2:00 Summer Fun in the Courtyard 7:00 Games Night</p>	<p><b>16</b> 9:00 Knit Wits 10:00 Fitness w/Mike 1:30 Writers' Workshop 7:00 Feature Film "The Art of Racing In the Rain"</p>
<p><b>17</b>  2:00 Downton Abbey Season 2 Episode 5 6:30 Wizard Card Game 7:00 Evening Chapel Service</p>	<p><b>18</b> Foot Care Nurse on Site 10:00 Fitness w/Donna 10:45 Exploring the Bible 11:00 Prayer Gathering 1:30 Men's Fitness 2:30 Book Club 7:00 Documentary "Disneynature Wings of Life"</p>	<p><b>19</b> 10:00 Fit Mind &amp; Body 11:00 Walks w/Jacynthe 1:30 Whist Club 2:00 Bridge Class w/Mel <b>7:00 Concerts in Care Vocalist Diane Pancel &amp; Pianist Anthony Genge</b></p>	<p><b>20</b> 10:00 Yoga w/Sherri 1:30 Men's Fitness 1:30 Hillside Mall 2:00 Billiards &amp; Darts 3:00 Computer Support <b>6:30 Angela Carter on Piano</b> 6:30 Majong</p>	<p><b>21</b> 10:00 Chair Yoga w/Lesley 10:45 Penny 4 Your Thoughts <b>2:30 Birthday Tea</b> 6:30 Wizard Card Game 7:00 Movie Night "Letters to Juliet"</p>	<p><b>22</b> 10:00 Fitness w/Alexis 1:30 Men's Fitness 1:30 Oak Bay Village 2:00 Summer Fun in the Courtyard 7:00 Games Night</p>	<p><b>23</b> 9:00 Knit Wits 10:00 Fitness w/Mike 1:30 Writers' Workshop 7:00 Feature Film "The Tragedy of Macbeth"</p>
<p><b>24</b> 2:00 Downton Abbey Season 2 Episode 6 6:30 Wizard Card Game</p> <hr/> <p><b>31</b> 2:00 Downton Abbey Season 2 Episode 7 7:00 Evening Chapel Service</p>	<p><b>25</b> Foot Care Nurse on Site 10:00 Fitness w/Donna 10:45 Exploring the Bible 11:00 Prayer Gathering 1:30 Men's Fitness 7:00 Documentary "Disneynature Chimpanzee"</p>	<p><b>26</b> 10:00 Fit Mind &amp; Body 11:00 Walks w/Jacynthe 1:30 Whist Club 2:00 Bridge Class w/Mel 6:30 Bingo</p>	<p><b>27</b> 10:00 Yoga w/Sherri 10:30 Lunch at Chateau de Lis 1:30 Men's Fitness 2:00 Billiards &amp; Darts 3:00 Computer Support <b>6:30 Angela Carter on Piano</b> 6:30 Majong</p>	<p><b>28</b> 10:00 Chair Yoga w/Lesley 10:45 Penny 4 Your Thoughts 2:30 Resident Info Hour 6:30 Wizard Card Game 7:00 Movie Night "Oklahoma!"</p>	<p><b>29</b> 10:00 Fitness w/Alexis 1:30 Men's Fitness 1:30 Tillicum Mall 2:00 Summer Fun in the Courtyard 7:00 Games Night</p>	<p><b>30 Pub Night</b> 9:00 Knit Wits 10:00 Fitness w/Mike 1:30 Writers' Workshop 7:00 Feature Film "The Guilt Trip"</p>