



# Newsletter

Winter 2013

## THE HEIGHTS AT MT. VIEW RISES



### Construction of the new residential care community

is progressing well and is on schedule. Since breaking ground, much of the activity has been below the surface preparing the footings and foundation of the new building. Our construction partner, Lark Group, is extremely pleased as rebar and concrete begins to take shape. The Heights at Mt. View is Baptist Housing's second project in the neighborhood, situated next door to Carey Place. The two projects are part of an overall plan by Capital Regional Hospital District (CRHD) to provide a campus of care for seniors. The Heights at Mt. View is a result of a partnership between CRHD, Vancouver Island Health Authority and Baptist Housing. It will open in the Winter 2014, providing 260 residential care beds for seniors.●



*(top - bottom) The Heights at Mt. View under construction at 3814 Carey Road. For more information on this project, visit [www.baptisthousing.org](http://www.baptisthousing.org).*



## OUR CHAPLAINS

Our Chaplaincy Team recently had the opportunity to gather for a two day retreat. The time together provided a great opportunity for fellowship, planning and even a bit of fun. Check out the before and after photos -and if you are still skeptical, you may want to visit Baptist Housing's Facebook page - we 'hear' they are pretty good singers too!

Before:



And After:



Our Chaplains are a great Team. They have a heart for our ministry and are available anytime for our Residents, their families and our Team. Our Chaplains can often be found visiting with Residents, leading Bible studies and hymn sings. They have also been known to join in activities too - some even get behind the wheel of the bus and drive our Residents on their outings. Need prayer, have a question - our Chaplains are here for you.

## CELEBRATIONS

There is always cause for celebration at Baptist Housing. From big parties to little gatherings - never the size that matters but the spirit in which people gather.

Carey Place, Baptist Housing's newest residence, hosted its first Christmas dinner for Residents. Having just opened in June, it's full - all 55 suites now home to new Residents. The Christmas feast was the first official gathering for everyone and it was well received. A unique feature uncommon in most rental buildings, Carey Place was designed with community in mind. The first floor features a large amenity room with a full kitchen. More than a place for an occasional meeting, the room has become a focal point of the building and a frequent gathering spot for Residents and friends.

Celebrations are ultimately about building community and providing opportunities for people to develop friendships and connect with each other.●



*Residents at Green Valley Estates enjoy a special birthday tea - there may be snow outside but inside its all warmth and smiles.*



*Christmas Dinner - Carey Place*

## SAFETY WEEK

Our Victoria Team Members recently held a Safety Week. Complete with displays and presentations, the week provided several educational opportunities for our Team and Residents. Topics included emergency preparedness, infection control, safe feeding, Gentle Persuasive Approaches dementia training, and fall prevention just to name a few. It was such a huge success, planning is already underway for next year.



*Safety Displays and Demonstrations - Central Care Home*



## IT'S THE LITTLE THINGS

**"It's the little things that we do for our Residents every day. We don't do it for recognition or even because we are asked, we just do it because it needs doing and we know it will enhance both our Residents lives, as well as our own."**

Some of the little things we do for our Residents at Village at Mill Creek :

- Give a white shirt to wear in the choir when they don't have one
- Help find missing keys
- Wash their dishes
- Prepare special meals when they need something extra
- Pick up groceries and supplies while shopping for our own
- Donate towels, linens and toiletries
- Bake homemade treats
- Pray with them
- Give a watering can to water plants – just to make it more fun
- Share stories, so that we can all understand why a Resident may feel a certain way
- Take time to create special hair do's and bring in special hair accessories
- Look after a loved pet when they can't

This is just a very small representation of everything we all do every day, not because we expect our name to be known, or to get any other type of recognition, or even because it is our job – it's just because we want to – because we love our Residents, and it is our Residents who bring so much joy to our lives - every day. Thank you again to all of you who were willing to share a little part of your life here at Village at Mill Creek and for allowing us to share in your heartfelt and joyful experiences with our Residents." - Nancy, Team Member

"This afternoon as I was bolting out of my office after leaving one meeting and on my way to the next, my mind was whirling with all the details of daily life and work and there before me was a man who had a smile a mile wide on his face. He actually stood in the middle of the hallway blocking my way so I had to stop too. I am so glad I did! He was bursting with joy. With obvious delight and being tickled pink he exclaimed to me "every time I turn around they are doing something wonderful and surprising, I love living here"! I quickly put two and two together and realized that this was the new gentleman that moved into the suite beside my office on January 1st. It's only day 3 of his residency with us here at Marrion Village and he has obviously been very blessed by Baptist Housing and our Team here. I have no idea what he was so tickled about, but it caused me to stop and remember that it's the little things we do each day in service to honor our Residents and reflect God's love that make the positive difference in their lives. What a way to start the new year!" - Donna, Team Member



## OUR FAMILY

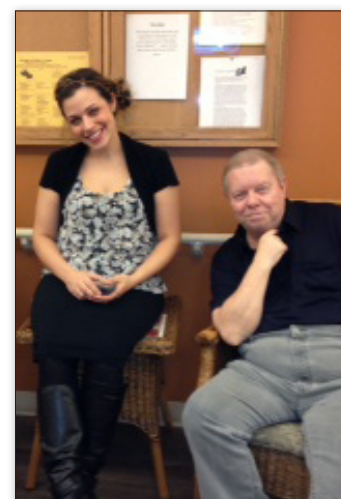
We think of our Team and Residents as extended family. In Salmon Arm, Hannah, the daughter of our Chaplain, designed a very special Christmas card made especially for our Residents at Sun Ridge Estates and Green Valley Estates. Glory to God in the Highest indeed.



*Birthday Tea - Marrion Village*



*Valentine's Party - Maple Towers*



*Team Member and Resident - Village at Smith Creek*



**AWARD SEASON** - it isn't just Hollywood that is busy handing out awards. Here at Baptist Housing we have been equally busy recognizing each other. First up this past fall were our regional Archway of Excellence celebrations. Team Members and guest came together for evenings of songs, storytelling and skits. The Vancouver night had a stylish Oscar theme while our Victoria and Interior Teams decided to take to the stage. Ultimately, each celebration honoured how our Team Members and Partners serve with excellence in the care of our Residents and each other.



*Victoria Regional Team Members Perform Skit at Archway of Excellence Celebration*

**AND THE ENVELOPE SAYS...** Our Residents! Appreciating our Residents is something we do everyday. But for the Team at Grandview Towers it's a great reason to rollout the red carpet and put on a bow tie. The annual Resident Appreciation lunch is a not to be missed affair. In grand style, Residents are recognized for their service and support to each other. Shannon Oaks Vancouver also held their annual volunteer recognition tea. Thank you to all our Residents and Team Members. At Baptist Housing everyone's name is on the envelope and the award is earned and shared by all.



*(l-r) Resident Appreciation Events at Grandview Towers and Shannon Oaks Vancouver*

## THANKS YVONNE

"Yvonne has lived at Sun Pointe Village since 2005 and is a vital part of our community. Yvonne is a Resident and an active volunteer. She is in charge of our tone bells - a favorite Resident activity. She is also in charge of our choir and helps us put on the annual Christmas Eve program. I remember the year she told the choir that we needed to learn some new songs for the concert. She chose two songs for us that I had never heard of and despite some initial grumbling we learned them and they are now two of my favorite Christmas songs. Yvonne also helps out with our Bible studies and plays hymns for our weekly hymn sing and Sunday church service. We don't know what we would do without Yvonne and we value her as part of our Team.

Thank you Yvonne, for all your hard work!" - Elfie, Team Member

**Interested in Volunteering?** if you would like to volunteer in one of Baptist Housing's communities, we would love to have you join us. Talk to a Team Member or give us a call at 604-940-1960.



**Baptist Housing**

125 - 6165 Highway 17, Delta V4K 5B8

604-940-1960

[inquiry@baptisthousing.org](mailto:inquiry@baptisthousing.org)