


# October 2019 Pacific 7th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:00 Breakfast <b>1</b> 10:15 Stretch & Smile 11:00 Trivia Time  2:15 Hymn Sing w/ Allan 3:00 Bible Study	8:00 Breakfast <b>2</b> 10:15 Stretch & Smile 11:00 Word Games 1:00  Music w/ Heather Visits w/ You	8:00 Breakfast <b>3</b> 10:15 Stretch & Smile 11:00 Balloon Badminton  2:00 Hand Chimes w/ friends	8:00 Breakfast <b>4</b> 10:15 Stretch & Smile 11:00 Music w/ Ron  2:00 Coffee Club  Visits w/ You	<b>5</b>
 <b>Sunday Service</b> 10:00 in Chapel	<b>6</b> 8:00 Breakfast 10:15 Stretch & Smile 11:00 Hymn Sing   2:00 Noodle Hockey w/ friends on T6 Visits w/ You	<b>7</b> 8:00 Breakfast <b>8</b> 10:15 Stretch & Smile 11:00 Music w/ Ron  2:15 Hymn Sing w/ Allan 3:00 Bible Study	<b>9</b> 8:00 Breakfast 10:00 Bakers Corner  1:00  Music w/ Heather 2:00 Taster's Corner <small>Yom Kippur</small>	<b>10</b> 8:00 Breakfast 10:00 Ladies Aux Chapel Service  2:00 Thursday Afternoon at the Movies	<b>11</b> 8:00 Breakfast 10:15 Stretch & Smile 11:00 Word Games  2:00 Music w/ Angela  Visits w/ You	<b>12</b>
 <b>Sunday Service</b> 10:00 in Chapel	<b>13</b>  <b>Happy Thanksgiving</b> <small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small>	<b>14</b> 8:00 Breakfast <b>15</b> 10:15 Stretch & Smile 11:00 Trivia Time  2:15 Hymn Sing w/ Allan 3:00 Bible Study	<b>15</b> 8:00 Breakfast <b>16</b> 10:15 Stretch & Smile 11:00 Word Games 1:00  Music w/ Heather 2:00 Art in the Afternoon	<b>16</b> 8:00 Breakfast <b>17</b> 10:15 Stretch & Smile 11:00 Music w/ Ron  2:00  Monthly Birthday Celebration w/ Pete	<b>17</b> 8:00 Breakfast <b>18</b> 10:15 Stretch & Smile 11:00 Music w/ Ron  2:00 Coffee Club  Visits w/ You	<b>19</b>
 <b>Sunday Service</b> 10:00 in Chapel	<b>19</b> 8:00 Breakfast <b>21</b> 10:15 Stretch & Smile 11:00 Hymn Sing   2:00 Bowling w/ friends on T5 Visits w/ You	<b>20</b> 8:00 Breakfast <b>22</b> 10:15 Stretch & Smile 11:00 Music w/ Ron  2:15 Hymn Sing w/ Allan 3:00 Bible Study <small>Simchat Torah</small>	<b>21</b> 8:00 Breakfast <b>23</b> 10:00 Bakers Corner  1:00  Music w/ Heather 2:00 Taster's Corner	<b>22</b> 8:00 Breakfast <b>24</b> 10:15 Stretch & Smile 11:00 Word Games  2:00 SOS Singers On T5 Oasis Community	<b>23</b> 8:00 Breakfast <b>25</b> 10:15 Stretch & Smile 11:00 Music w/ Ron   <b>Lunch Outing</b> T6,T7 3:00 Music w/ Angela	<b>26</b>
 <b>Sunday Service</b> 10:00 in Chapel	<b>24</b> 8:00 Breakfast <b>28</b> 10:15 Stretch & Smile 11:00 Hymn Sing   2:00 Table Games Visits w/ You	<b>25</b> 8:00 Breakfast <b>29</b> 10:15 Stretch & Smile 11:00 Trivia Time  2:15 Hymn Sing w/ Allan 3:00 Bible Study	<b>26</b> 8:00 Breakfast <b>30</b> 10:15 Stretch & Smile 11:00 Word Games 1:00  Music w/ Heather 2:00 Art in the Afternoon	<b>27</b> 8:00 Breakfast <b>31</b> 10:15 Stretch & Smile 11:00 Ball Toss  2:00 Thursday Afternoon at the Movies <small>Halloween</small>		