| WISTERIA P2 October 2019 ACTIVITY CALENDAR Recreation Coordinator: Melvin j. Ramos   | 8:00 Breakfast 9:30 Strength and Balance 10:30 English Idioms: Sayings and Slang  2:00 Music with RON 3:30 1:1, Sensory visits           | 8:00 Breakfast 9:30 Strength and Balance 10:15 Music Therapy with Heather 1:30 Recreation Department & Activity Calendar Meeting           | 9:30 Strength and Balance<br>10:30 Pamper Me<br>2:00 5 Cards Bingo<br>3:00 Hymn Sing  | Friday  8:00 Breakfast 9:30 Sit and Be Fit 10:30 Arts and Craft  1:00 Bible Study  2:00 "AFTERNOON MOVIE"  | Saturday  5  If you have the MONEY, Honey, I've got the TIME !!!                                   |
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| 8:00 Breakfast 9:30 Strength and Balance 10:30 Java Music Club  2:00 "SUPER BINGO" 3:00 1:1 visits, Sensory vis  At the Chapel | 10:30 "Pamper Me"  2:00 OCTOBER FEST 2019 CELEBRATION !!!!   | 2:00 5 Cards BINGO<br>3:30 1:1, Sensory visits   | 9:30 Strength and Balance<br>10:30 "Ladies Auxiliary"<br>(At the Chapel)  | 8:00 Breakfast 9:30 Fun and Fitness 10:30 "Mental Aerobics"  1:00 Bible Study 2:00 The Mix-Up Gluten free  | THANK YOU VERY MUCH !!! We appreciate your help and your dedication MARION                         |
| 10:00 Sunday Service At the Chapel  10:00 Sunday Service Columbus Day (US)   |  | 8:00 Breakfast 9:30 Strength and Balance 10:15 Music Therapy with Heather 11:15 1:1 visits 2:00 5 Cards BINGO 3:30 Favorite Hymns          | 8:00 Breakfast 9:30 Strength and Balance 10:30 "PAMPER ME"  1:30 1:1 Sensory Visits   | 8:00 Breakfast<br>9:30 Fun and Fitness<br>10:30 Group Talk<br>1:00 Bible Study<br>2:30 Paper Works(Office) | "Try to do an act of kindness every day."  • by ELAINE   |
| 8:00 Breakfast 9:30 Strength and Balance 10:30 Ball Games  2:00 "SUPER BINGO" 3:30 1:1, Sensory visits                         | 8:00 Breakfast 9:30 Strength and Balance  11:00 LUNCH-OUTING T5,P2/P3  | 8:00 Breakfast 9:30 Strength and Balance 10:15 Music Therapy with Heather 11:15 Singing 2:00 PANCAKE for FUN 3:30 1:1, Sensory visits      | 8:00 Breakfast  | 8:00 Breakfast 9:30 Fitness and Fun 10:30 Arts and Craft  1:00 Bible Study  2:00 Music with Richard Stepp  | "Alzheimer's disease affects gait patterns and possibly leads to falls."  Moyra Jones (GentleCare) |
| 6:00 Special Breakfast 9:30 Strength and Balance 10:30 Ball Games 1:30 1:1, Sensory visits                                     | 8:00 Breakfast 9:30 Strength and Balance 10:30 Group Talks  1:00 Scenic Drive T5, P2/3 2:00 2:00 Music with RON 3:30 1:1, Sensory visits | 8:00 Breakfast 9:30 Strength and Balance 10:15 Music Therapy with Heather 11:15 1:1 visits 2:00 Culinary Art Club 3:30 1:1, Sensory visits | 8:00 Breakfast 9:30 Strength and Balance 10:30 "PAMPER ME"  2:00 5 Cards BINGO 3:00 Hymn Sing 3:30 Favorite Hymns  "HAPPY HOLLOWEEN"  Halloween | "The soft and yield<br>rigid and hard, a few<br>pract  | r people put this into cice."  • Unknown vities are all subject to                                 |