



FEBRUARY 2019



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| <p><i>Daily Events are subject to change. Please check your Weekly Schedules and Daily Boards for the most up to date details. Thank You.</i></p> |  | <p>Month of</p>  | | | <p>1 9:15 Balance and Relaxation 10:00 Wii Bowling 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 Love Songs w/ Jennifer Lauren</p> | <p>2 10:15 Carpet Bowling 2-3 Computer Assistance 2:00 Gentle Fit 2:30 Wii Bowling 7:00 Romance Movie: "My Big Fat Greek Wedding"</p> |
| <p>3 3:00 Table Games/Mahjong</p> | <p>4 10:00 Cardio Tone 2:00 Gentle Fit 2:30 Frank on the Piano 7:00 Bridge/ Table Games 7:00 Nature Night: "Born in China"</p>  | <p>5 CHINESE NEW YEAR 9:15 Body Fit 9:45 ☒ Charlies Chocolate Factory 10:30 Tea Time Piano w/ Kelvin 10:30 Bible Basics "Titus 2" 2:30 Travel Video: "China" 7:00 Billiards 7:00 Table Games/ Mex. Train 7:15 Chinese Harp Music w/ Sunnie</p> | <p>6 9:15 Stretch and Strength 10:30 Chapel 2:00 Choir Begins 3:15 Mahjong for Beginners 7:00 Scrabble/ Table Games 7:00 Video: "Alaska into the Wilderness: Braving Alaska"</p> | <p>7 9:30 Carpet Bowling 1:45 ☒ Wal-Mart 2:00 Blood Pressure 2:00 Tai Chi Fitness 7:00 Tile Rummy 7:00 Documentary: "Man of Galilee Series, Pt 1"</p> | <p>8 *No Wii Bowling* 9:15 Balance & Relaxation 10:30-3 Heidi's Jewelry 2:00 Prayer Group 2:00 Mobile Library 3:00 Bingo 7:00 Table Games 7:00 Romance Movie: "Sleepless in Seattle"</p> | <p>9 *No Gentle Fit* 10:15 Carpet Bowling 2-3 Computer Assistance 2:30 Wii Bowling 3:00 Chinese Dancer's 7:00 "Little Strings Attached" Piano & Violin Recital</p> |
| <p>10 3:00 Table Games/Mahjong 7:00 Faith Hymn Sing</p> | <p>11 10:00 Cardio Tone 2:00 Gentle Fit 3:15 Conversation Café w/ Nedra: Love, Gratitude, & Friendship 7:00 Bridge/ Table Games 7:00 Romance Movie: "The Lost Valentine"</p> | <p>12 9:30 Fitness Room Demo 9:30 ☒ Nygard & London Drugs 10:15 Carpet Bowling 2:30 Concert in Care: Borealis Sting Quartet (Health Arts Society) 7:00 Billiards 7:00 Table Games/ Mex. Train</p> | <p>13 9:15 Stretch and Strength 10:30 Chapel 2:00 Choir 2:30 Mini Manicures 3:00 Valentines Day Cookie Decorating 7:00 Scrabble/ Table Games 7:00 Video—"Alaska into the Wilderness: Bear Island"</p> | <p>14 VALENTINES DAY 9:30 Carpet Bowling 9:30 ☒ Champlain 2:00 Tai Chi Fitness 3:15 Valentines Day Trivia 7:00 Tile Rummy 7:00 Tales & Treats w/ Karen</p>  | <p>15 *No Fitness Today* 10:00 Wii Bowling 2:00 Prayer Group 2:00 Mobile Library 3:00 Bingo 7:00 Table Games 7:00 The Night Shift Band</p> | <p>16 *No Gentle Fit* 10:15 Carpet Bowling 2-3 Computer Assistance 2:30 Wii Bowling 7:00 Romance Movie: "While You Were Sleeping"</p> |
| <p>17 3:00 Table Games/Mahjong</p> | <p>18 FAMILY DAY (STAT) 10:00 Cardio Tone 2:00 Gentle Fit 2:30 Franks Students on Piano 7:00 Bridge/ Table Games 7:00 Romance Movie: "Maid in Manhattan"</p> | <p>19 9:15 Body Fit 10:30 Bible Basics "Titus 3" 10:30 Tea Time Piano w/ Kelvin 11:30 ☒ Lunch Out: White Spot 2:30 Flower Arranging 7:00 Billiards 7:00 Table Games/ Mex. Train 7:00 Short Stories by the Fireplace</p> | <p>20 9:15 Stretch and Strength 10:30 Chapel 2:30 Feb Birthday & Welcome Tea with Glenn & Brandon + Martha Bayer's 101'st Birthday 7:00 Scrabble/ Table Games 7:00 Video: "Alaska Into the Wilderness: Alaska's Last Oil"</p> | <p>21 9:30 Carpet Bowling 12:45 ☒ Metrotown 2:00 Tai Chi Fitness 2:00 Pharmacist Time 3:15 Pharmacist Presentation: "Common Eye Disorders" 7:00 Tile Rummy 7:00 Documentary: "Man of Galilee Series, Pt 2"</p> | <p>22 *No Wii Bowling* 9:15 Balance & Relaxation 2:00 Prayer Group 2:00 Mobile Library 3:00 Bingo 7:00 Table Games 7:00 Romance Movie: "Roman Holiday"</p> | <p>23 10:15 Carpet Bowling 2-3 Computer Assistance 2:00 Gentle Fit 2:30 Wii Bowling 7:00 Bingo with Emily</p> |
| <p>24 3:00 Table Games/Mahjong 7:00 Hymn Sing with Jack</p> | <p>25 10:00 Cardio Tone 2:00 Gentle Fit 7:00 Bridge/ Table Games 7:00 Classical Music Video: "Andre Rieu: Coronation Concert Live in Amsterdam"</p> | <p>26 10:15 Carpet Bowling 1:45 ☒ Champlain 7:00 Billiards 7:00 Table Games/ Mex. Train 7:15 Emily on Piano</p> | <p>27 PINK SHIRT DAY 9:15 Stretch and Strength 10:30 Chapel 2:00 Choir 2:30 Mini Manicures 3:15 Ted Talks: "Anti-Bullying" 7:00 Scrabble/ Table Games 7:00 Video: "Alaska Into the Wilderness: Giant Bears of Kodiak Island"</p> | <p>28 FOOT CARE 9:30 Carpet Bowling TBA ☒ Movie Matinee: "Stan & Ollie" (If Still in Theatres) 2:00 Tai Chi Fitness 7:00 Tile Rummy 7:00 Documentary: "Man of Galilee Series, Pt 3"</p> |  | <p>If you have any Questions or Comments for our Activities Team, please call: Nedra—Activity Manager Ext. 5170 Sarah—Activity Assistant & Bus Trip Coordinator Ext. 5229</p> |