






# HALLMARK ON THE LAKE ACTIVITIES SEPTEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <b>10:30</b> Coffee Break (CM) <b>2:30</b> Gaither Video (PH)	<b>2 Labour Day</b> <b>9:30</b> Coffee Break (CM) <b>2:30</b> Ice Cream Social (CM)	<b>3</b> <b>9:30</b> Coffee Break (CM) <b>2:30</b> Bocce Ball (TS)	<b>4</b> <b>9:30</b> Bus Shuttle Service <b>2:00</b> Stretch & Exercise (EX) <b>2:30</b> Ice Cream Social (CM) <b>3:30</b> Music with the Accords (TS)	<b>5</b> <b>9:30</b> Coffee Break (CM) <b>11:00</b> Bones & Balance (EX) <b>2:30</b> Ted Talks (PH)	<b>6</b> <b>9:30</b> Bus Shuttle Service <b>1:00</b> Tour of Blue Heron Nature Reserve \$5 ~30 minute drive	<b>7</b> <b>2:00</b> Game of Skip-Bo with Moira (CM)  <b>7:00</b> TGIS Social Hour (CM)
<b>8</b> <b>10:30</b> Coffee Break (CM) <b>2:30</b> Gaither Video (PH)	<b>9</b> <b>9:30</b> Bus Shuttle Service <b>2:00</b> Stretch & Exercise (EX) <b>2:30</b> Ice Cream Social (CM) <b>3:00</b> Bingo (AC)	<b>10</b> <b>10:45</b> Chapel with Randall & Special Guests (TS) <b>2:30</b> Ladder Ball (TS)	<b>11</b> <b>9:30</b> Bus Shuttle Service <b>2:00</b> Stretch & Exercise (EX) <b>2:30</b> Ice Cream Social (CM) <b>3:30</b> Kelly Pater from  Abbotsford Police: Fraud Prevention (PH)	<b>12</b> <b>9:30</b> Coffee Break (CM) <b>11:00</b> Bones & Balance (EX) <b>1-3</b> Fashion Closet (TS) <b>2:00</b> Abbotsford Casino ~7 minute drive	<b>13</b> <b>9:30</b> Coffee Break (CM) <b>11:00</b> Stretch & Exercise (EX) <b>2:30</b> Veggies & Dip (AC)	<b>14</b> <b>2:00</b> Movie Afternoon (PH) "Sense & Sensibility" <i>Romantic Drama</i> <b>7:00</b> TGIS Social Hour (CM)
<b>15</b> <b>10:30</b> Coffee Break (CM) <b>3:00</b> Chapel Service led By Barry Ashton Community Church In Town Square	<b>16</b> <b>8:20</b> Leave for Keats Island <b>1:00</b> Bus Shuttle Service <b>2:30</b> Ice Cream Social (CM)	<b>17</b> <b>10:45</b> Bible Study (PH) <b>2:30</b> Hymn Sing (TS)	<b>18</b> <b>9:30</b> Coffee Break (CM) <b>2:30</b> Ice Cream Social (CM)	<b>19 Birthday Party</b> <b>9:30</b> Coffee Break (CM) <b>11:00</b> Bones & Balance (EX) <b>2:00</b> Sing-Along with Marian Knight (TS) <b>3:30</b> Miracle Ear Clinic (AC)	<b>20</b> <b>10:00</b> Brain Fitness Handout: Pick up at Concierge <b>1:15</b> Bus Shuttle Service <b>2:00</b> Stretch & Exercise (EX)	<b>21</b> <b>10:00</b> Game of Scrabble with a Volunteer (CM) <b>2:00</b> Movie Afternoon (PH) "Billy Graham: An Extraordinary Journey" <i>Documentary</i> <b>7:00</b> TGIS Social Hour (CM)
<b>22</b> <b>10:30</b> Coffee Break (CM) <b>2:45</b> Country Gospel with Cliff Dyck (TS)	<b>23 First Day of Fall Red, Orange &amp; Brown Day</b> <b>9:30</b> Bus Shuttle Service <b>2:00</b> Stretch & Exercise (EX) <b>2:30</b> Ice Cream Social (CM) <b>3:00</b> Bingo (AC) <b>6:30</b> Treats & Trivia with Moira (CM)	<b>24</b> <b>10:45</b> Bible Study (PH) <b>2:00</b> Country Drive with Stop for Coffee ~ 2 hours	<b>25</b> <b>9:30</b> Bus Shuttle Service <b>12:00</b> Jasmine Gardens Takeout Lunch (AC)  <b>2:00</b> Stretch & Exercise (EX) <b>2:30</b> Ice Cream Social (CM)	<b>26</b> <b>9:30</b> Coffee Break (CM) <b>11:00</b> Bones & Balance (EX) <b>2:00</b> Music with Derek Barnett (TS)	<b>27</b> <b>9:30</b> Coffee Break (CM) <b>11:00</b> Stretch & Exercise (EX) <b>2:30</b> Game: Mexican Train Dominos (CM)	<b>28</b> <b>11:00</b> Music with the Pentones (TS) <b>2:00</b> Movie Afternoon (PH) "Good Sam" <i>Family Drama</i> <b>7:00</b> TGIS Social Hour (CM)
	<b>Keats Island Getaway</b>					
<b>29</b> <b>10:30</b> Coffee Break (CM) <b>3:00</b> Chapel Service led by St. Matthews Anglican Church at <u>Hallmark on the Park</u>	<b>30</b> <b>9:30</b> Bus Shuttle Service <b>1:00</b> Resident Community Discussion (TS) <b>2:00</b> Stretch & Exercise (EX) <b>2:30</b> Ice Cream Social (CM)		<b>HAPPY BIRTHDAY!</b> Martha B. 2nd Dorothy T. 2nd Johanna T. 5th Shelia S. 7th Nettie T. 19th Mary P. 25th	 Activities with an acorn have a description on back of the calendar  Any activity with a kite is a joint outing with Hallmark on the Park 	<b>CALENDAR LEGEND:</b> AC - Activity Centre BR - 2nd floor Bridge CM - Cafe Du Monde EX - 4th Floor Exercise Room LB - 4th Floor Library PH - Preservation Hall TS - Town Square	<div style="border: 1px solid black; padding: 5px; text-align: center;">             Please sign up at the Concierge for any activity that is inside the lines           </div>



# WHAT'S HAPPENING THIS SEPTEMBER

## **Workshop: Fraud Prevention**

*Presented by Kelly Pater of the Abbotsford Police Department  
Wednesday, September 11th at 3:30pm in the Preservation Hall*

Fraud is on the rise and scams are increasingly difficult to spot. Come and learn about common scams, how to spot fraud and protect yourself from these things. If you've been scammed it can be difficult to get your money back. The best defence is to educate yourself and prevent yourself from becoming a victim. There will be time after the presentation to ask any questions you may have.

## **TGIS: Thank Goodness it's Saturday**

*Saturdays at 7pm starting September 7th*

Come down to the Cafe starting at 7pm for a drop in social time. This is a great opportunity to meet new friends, enjoy the company of others and spend time socializing over a drink (hot coffee/tea/hot chocolate provided) as well as wine glasses and cups for those who prefer to bring their own beverage of choice. Typically a few residents even bring snacks! Saturday nights are up and running for the fall and it's a great time to share stories and laughs in the presence of great company.

## **Tour of Blue Heron Nature Reserve (\$5)**

*Friday, September 6th leaving at 1pm ~30 minute drive*

During this tour we will learn about the Blue Heron Nature Reserve and the birds that inhabit this beautiful wetland. Tour is about an hour long with 30 minutes afterwards to explore the area. Trails are packed gravel and mostly wheelchair/walker accessible. Tea, coffee and cookies will be provided by the facility.

*\*\* Please sign up at Concierge. This is a joint outing with Hallmark on the Park and space is limited.*

## **Jasmine Gardens: Chinese Food Take Out**

*Wednesday, September 25th at Noon in the Activity Centre*

Would you like to enjoy some Chinese food without having to leave home? I'll be picking up take out for up to 16 people and we will enjoy it together in the Activity Centre. Lunch options are all taken from the lunch special menu and cost \$10. This includes tax and tip. If you'd like to order, please pick from the menus that are available at the Concierge. Your takeout order will be taken and your space reserved upon payment. Any cancellations must be made 24 hours ahead of time. Any questions can be referred to Emily in Activities.