



OCTOBER 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Daily Events are subject to change. Please check your Weekly Schedules and Daily Boards for the most up-to-date details. Thank You.</i></p>		<p>1 NATIONAL SENIORS DAY 9:30 Champlain Square 10:30 Bible Basics 2:30 Seniors Day Cake & Music w/ The Sax of Us 7:00 Table Games/ Mexican Train 7:00 Billiards 7:00 Movie—Residents Choice: “Poms”</p>	<p>2 9:15 <i>Stretch and Strength</i> 10:30 Chapel 2:00 Choir 2:30 Mini-Manicures 3:15 Golf Tournament #3 7:00 Scrabble/ Table Games 7:00 Travel Video: “Rick Steve’s Europe: Rome-Ancient Glory, Baroque Brilliance & Back Street Riches”</p>	<p>3 9:30 Carpet Bowling 11-3 Fifth Avenue Jewelry 12:45 Toonie & Loonie Tour w/ John Rogers: Shaughnessy 2:00 <i>Tai Chi Fitness</i> 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Presentation: Union Gospel Mission</p>	<p>4 9:15 <i>Balance and Relaxation</i> 10:00 Wii Bowling 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 Movie: “Miss Potter”</p>	<p>5 10:15 Carpet Bowling 2-3 Computer Assistance 2:00 <i>Gentle Fit</i> 2:30 <i>Wii Bowling</i> 7:00 Movie: “It Happened to Jane”</p>
<p>6 3:00 Table Games/Mahjong</p>	<p>7 10:00 <i>Cardio Tone</i> 2:30 Frank on the Piano 7:00 Bridge/ Table Games 7:00 Documentary: “Discovering Doris Day”</p>	<p>8 9:30 Carpet Bowling Lesson 10:15 Carpet Bowling 10:30 Tea Time Piano w/ Kelvin 12:45 Nygaard & London Drugs 2:30 Presentation w/ Dave McDonald: Guatemala Project 7:00 Table Games/ Mexican Train 7:00 Billiards 7:00 Short Stories by the Fire</p>	<p>9 9:15 <i>Stretch and Strength</i> 10:30 Chapel 3:15 Golf Awards 7:00 Scrabble/ Table Games 7:00 Travel Video: “Rick Steve’s Europe: Florence, Heart of the Renaissance and Florentine Delights & Tuscan Side Trips</p>	<p>10 9:30 Carpet Bowling TBA Movie Matinee: “Judy” 2:00 <i>Tai Chi Fitness</i> 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Special Speaker—Herb Sturnahn: Steps to Statehood & The Formation of Israel Pt. 1</p>	<p>11 9:15 <i>Balance and Relaxation</i> 10:00 Wii Bowling 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 Movie: “Sweet Home Alabama”</p>	<p>12 10:15 Carpet Bowling 2-3 Computer Assistance 2:00 <i>Gentle Fit</i> 2:30 <i>Wii Bowling</i> 7:00 Bingo</p>
<p>13 3:00 Table Games/Mahjong 4:30 & 6:00 Thanksgiving Dinner</p>	<p>14 THANKSGIVING DAY <i>*No Fitness Today*</i> 2:00 Afternoon Theatre— “An Old Fashioned Thanksgiving” 7:00 Bridge/ Table Games 7:00 Video— Gospel Series: “Give Thanks”</p>	<p>15 10:30 Bible Basics 12:45 Champlain Square 3:00 Hand Massage 7:00 Table Games/ Mexican Train 7:00 Billiards 7:15 Emily on the Piano</p>	<p>16 9:15 <i>Stretch and Strength</i> 10:30 Chapel 2:00 Choir 2:30 Mini-Manicures 7:00 Scrabble/ Table Games 7:00 Travel Video: Rick Steve’s Europe—Paris, Regal & Intimate and Embracing Life & Art</p>	<p>17 9:30 Carpet Bowling 2:00 <i>Tai Chi Fitness</i> 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Special Speaker—Herb Sturnahn: Steps to Statehood & The Formation of Israel Pt. 2</p>	<p>18 9:15 <i>Fitness Video</i> 10:00 Wii Bowling 2:00 Mobile Library 2:00 Prayer Group 3:00 Bingo 7:00 Table Games 7:00 Movie: “Autumn Dreams”</p>	<p>19 <i>*No Fitness Today*</i> 10:15 Carpet Bowling 2-3 Computer Assistance 2:30 <i>Wii Bowling</i> 7:00 Live Production: “Crossroads”</p>
<p>20 3:00 Table Games/Mahjong 7:00 Faith Hymn Sing</p>	<p>21 ELECTION DAY 9am-12 & 12:30-4pm Polling Stations Open 7:00 Bridge/ Table Games 7:00 Documentary— “Discovering Fred Astaire”</p>	<p>22 9:30 Wal-Mart @ Grandview 10:15 Carpet Bowling 2:30 Concert in Care: Pianist’s Nikolai & Sergei Saratovsky w/ Health Arts Society 7:00 Table Games/ Mexican Train 7:00 Billiards 7:00 Movie Night—Resident’s Choice: “Morning Glory”</p>	<p>23 OKTOBERFEST DAY 9:15 <i>Stretch and Strength</i> 10:30 Chapel 2:30 Birthday & Welcome Tea w/ The Bavarian Boys 7:00 Scrabble/ Table Games 7:00 Travel Video: “Cities of the World: Munich, Germany</p>	<p>24 9:30 Carpet Bowling 9:30-11:30 Pacific Museum of Earth: Rock Recognition 10-3 Euro Designs 2:00 <i>Tai Chi Fitness</i> 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Popcorn Night: “Babette’s Feast” (Danish Film w/ English Subtitles)</p>	<p>25 <i>* No Fitness, Wii Bowling, or Bingo Today*</i> 9-12 & 1-4 FLU CLINIC 2:00 Mobile Library 2:00 Prayer Group 7:00 Table Games 7:00 Entertainment—Night Shift Jazz Band</p>	<p>26 10:15 Carpet Bowling 2-3 Computer Assistance 2:00 <i>Gentle Fit</i> 2:30 <i>Wii Bowling</i> 3:15 Mini Pumpkin Painting w/ Sarah 7:00 Movie: “October Sky”</p>
<p>27 3:00 Table Games/Mahjong</p>	<p>28 10:00 <i>Cardio Tone</i> 2:00 <i>Gentle Fit</i> 3:15 Info Session—South Van Neighbourhood House: Volunteer Driving Program 7:00 Bridge/ Table Games 7:00 Nature Night— “Wild Baltic: the Coast”</p>	<p>29 10:30 Tea Time Piano w/ Kelvin 10:30 Bible Basics 2:30 Fitness Room Demo 4:45 Dine Out: Burnaby Palace—Chinese Food 7:00 Table Games/ Mexican Train 7:00 Billiards 7:00 Short Stories by the Fire</p>	<p>30 9:15 <i>Stretch and Strength</i> 10:30 Chapel 2:00 Choir 2:30 Mini-Manicures 7:00 Scrabble/ Table Games 7:00 Travel Video: Rick Steve’s Europe—London & North England</p>	<p>31 HALLOWEEN/ COSTUME DAY <i>* No Tai Chi Today*</i> 9:30 Carpet Bowling 2:30 Halloween Fun/ Party 7:00 Tile Rummy/Table Games 7:00 Crokinole 7:00 Hymn Sing w/ Jack</p>		<p><i>If you have any Questions or Comments for our Activities Team, please call:</i> Nedra—Activity Manager Ext. 5170 Sarah—Activity Assistant & Bus Trip Coordinator Ext. 5229</p> <p><small>SHANNON OAKS A BAPTIST HOUSING COMMUNITY</small></p>